

WEEK 24 MONDAY JUNE 13TH

TODAYS WARM DISH

Tagine of lamb and beef with cumin, apricots, chickpeas and lots of greens.
Couscous with lemon peel and olive oil.
Yoghurt dressing with sesame (1, 7).

TODAYS VEGETARIAN DISH

Tagine of roasted eggplant and chickpeas with cumin, apricots and lots of greens.
Couscous with lemon peel and olive oil.
Yoghurt dressing with sesame (1, 7).

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Marinated shrimps.
Flat beans, haricots verts, baked onions, spinach, broad beans and tomato vinaigrette (2).

TODAYS VEGETARIAN SALAD

Cottage cheese with radishes.
Flat beans, haricots verts, baked onions, spinach, broad beans and tomato vinaigrette (7).

THIS WEEKS SNACK

A small snack or spread will be served on the side

WITH THE WARM DISH

Romaine, hispi cabbage, cucumber, green olives and mint (V).

Subject to change.

Meyers signs only with allergens shown on the **4 icons**:
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WEEK 24 TUESDAY JUNE 14TH

TODAYS WARM DISH

Jerk marinated chicken thighs with lime.
Organic rice and beans.
Chimichurri.

TODAYS VEGETARIAN DISH

Slow roasted jerk marinated beetroots with lime.
Organic rice and beans.
Chimichurri.

TODAYS VEGAN DISH

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TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

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TODAYS SALAD

Pork with baked onions.
Sweet potato, kamut, yellow pepper, spring onions, cilantro and smoked chili vinaigrette (V, 1).

TODAYS VEGETARIAN SALAD

Fried mushrooms.
Sweet potato, kamut, yellow pepper, spring onions, cilantro and smoked chili vinaigrette (V, 1).

THIS WEEKS SNACK

A small snack or spread will be served on the side

WITH THE WARM DISH

Green salad leaves and salted squash, cilantro, thyme, toasted seeds and raspberry vinegar (V).

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WEEK 24 WEDNESDAY JUNE 15TH

TODAYS WARM DISH

Honey glazed ham with spinach stew.
Organic boiled potatoes with cold pressed rapeseed oil.
Gherkin and mustard (1, 7).

TODAYS VEGETARIAN DISH

Fricassee with organic cream, peas, asparagus, parsley roots and onions.
Organic boiled potatoes with cold pressed rapeseed oil.
Gherkin (1, 7).

TODAYS VEGAN DISH

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TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

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TODAYS SALAD

Roast of beef and pesto.
Baked beets, quinoa, beet leaves, cress and mustard herb (7, 8).

TODAYS VEGETARIAN SALAD

Avocado and pesto.
Baked beets, quinoa, beet leaves, cress and mustard herb (7, 8).

THIS WEEKS SNACK

A small snack or spread will be served on the side

WITH THE WARM DISH

Hispi cabbage, turnip cabbage, chervil, pear, elderflower vinaigrette and toasted almonds (V, 8).

TODAYS SHOT

Cucumber, ginger, lemon.

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WEEK 24 THURSDAY JUNE 16TH

TODAYS WARM DISH

Braised turkey cuvette with sauce of grilled bell pepper, marjoram and onions.
Organic pasta with reduced cream and baked garlic.
Gremolata of parsley and lemon (1, 7).

TODAYS VEGETARIAN DISH

Roasted mushrooms with sauce of grilled bell pepper, marjoram and onions.
Organic pasta with reduced cream and baked garlic.
Gremolata of parsley and lemon (1, 7).

TODAYS VEGAN DISH

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TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Chicken and romesco.
Baked and raw cauliflower, boiled white beans, pickled zittauer onions and chives (8).

TODAYS VEGETARIAN SALAD

Egg tortilla and romesco.
Baked and raw cauliflower, boiled white beans, pickled zittauer onions and chives (8).

THIS WEEKS SNACK

A small snack or spread will be served on the side

WITH THE WARM DISH

Spinach, fennel, semi dried tomatoes, basil and olives (V).

TODAYS CAKE

Almond cake (1, 7, 8).

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WEEK 24 FRIDAY JUNE 17TH

TODAYS WARM DISH

Slow roasted BBQ-marinated veal.
Baked potato – 1 pr. Person.
Burger bun, horseradish emulsion and pickled cucumbers (1).

TODAYS VEGETARIAN DISH

BBQ-marinated eggplant and squash.
Baked potato – 1 pr. Person.
Burger bun, horseradish emulsion and pickled cucumbers (1, V).

TODAYS VEGAN DISH

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TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

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TODAYS SALAD

Tuna and dill crème.
Baked parsley roots, hazelnuts, pickled leek, asparagus and rapeseed oil (7, 8).

TODAYS VEGETARIAN SALAD

Artichokes and parmesan flakes and dill crème.
Baked parsley roots, hazelnuts, pickled leek and rapeseed oil (7, 8).

THIS WEEKS SNACK

A small snack or spread will be served on the side

WITH THE WARM DISH

Creamy kale salad with celery, pickled greens, fresh apple and herbs (7).

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