



# WEEK 20 MONDAY MAY 16TH

# **TODAYS WARM DISH**

Turkey in massaman curry with coconut, potatoes, onions and carrots.
Steamed organic jasmine rice.
Kohl rabi in rice vinegar with chili and black sesame (2).

### **TODAYS VEGETARIAN DISH**

Cauliflower and tofu in massaman curry with coconut, potatoes, onions and carrots. Steamed organic jasmine rice. Kohl rabi in rice vinegar with chili and black sesame (V).

#### **TODAYS VEGAN DISH**

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

# TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's

made with gluten and lactose-free alternatives

# **TODAYS SALAD**

Roasted beef and white bean crème with lime and sesame.

Crispy salad with sesame, spring onions, edamame beans, cucumber and coriander.

# **TODAYS VEGETARIAN SALAD**

Pea protein and white bean crème with lime and sesame.

Crispy salad with sesame, spring onions, edamame beans, cucumber and coriander.

# THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

#### TODAYS CLASSIC SANDWICH

Today's sandwich with meat

### **TODAYS GREEN SANDWICH**

Today's sandwich with greens

# **TODAYS VEGAN SANDWICH**

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

# TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made with gluten and lactose-free alternatives and is served with a gluten-free bun

# **WEEKLY OPEN SANDWICHES**

Brisket with horseradish crème and herbs (7)

Chicken salad with mayonnaise, yoghurt, fried mushrooms, celery and turnip cabbage (7)

#### **VEGETARIAN OPEN SANDWICHES**

Egg salad with curry, cauliflower and chives (7) -

Falafel with aioli, crispy cauliflower and herbs

# WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Kimchi inspired salad with sprouts (V)

Subbject to change.

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# WEEK 20 TUESDAY MAY 17TH

# **TODAYS WARM DISH**

Slow roasted beef with fried onions, cherry tomatoes and bell pepper with a light gravy. Roasted potatoes with rosemary and thyme. Served with aioli.

### **TODAYS VEGETARIAN DISH**

Celery patty with chia seeds and fennel. Roasted potatoes with rosemary and thyme. Served with aioli (1).

#### **TODAYS VEGAN DISH**

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

# TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

# **TODAYS SALAD**

Roasted chicken and chervil crème.
Salad with celery, apple, kamut, pear vinaigrette and lots of spices (1, 7).

# **TODAYS VEGETARIAN SALAD**

Baked beetroots and chervil crème. Salad with celery, apple, kamut, pear vinaigrette and lots of herbs (1, 7).

# THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

### **TODAYS CLASSIC SANDWICH**

Today's sandwich with meat

#### **TODAYS GREEN SANDWICH**

Today's sandwich with greens

# **TODAYS VEGAN SANDWICH**

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

# TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made with gluten and lactose-free alternatives and is served with a gluten-free bun

# **WEEKLY OPEN SANDWICHES**

Brisket with horseradish crème and herbs (7)

Chicken salad with mayonnaise, yoghurt, fried mushrooms, celery and turnip cabbage (7)

### **VEGETARIAN OPEN SANDWICHES**

Egg salad with curry, cauliflower and chives (7)

Falafel with aioli, crispy cauliflower and herbs

# WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Green beans, kale and spiced tomato dressing (V).

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# WEEK 20 WEDNESDAY MAY 18TH

#### **TODAYS WARM DISH**

Baked pork chops, marjoram, oregano, olives and tomato sauce.

Pasta penne, limabeans, spinach and ricotta. 'Vesterhavsost', pearsley and lemon peel (7).

### **TODAYS VEGETARIAN DISH**

Ragout with eggplant, olives, carrot, oregano and tomato.

Pasta penne, limabeans, spinach and ricotta. 'Vesterhavsost', parsley and lemon peel (7).

### **TODAYS VEGAN DISH**

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

# TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

# **TODAYS SALAD**

Salmon and feta spread.

Roasted squash, quinoa, arugula, pine nuts, lemon peel and artichokes (7, 8).

# **TODAYS VEGETARIAN SALAD**

Chickpeas and feta spread.

Roasted squash, quinoa, arugula, pine nuts, lemon peel and artichokes (7, 8).

### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

# **TODAYS SHOT**

Carrot, beetroot, ginger, lemon.

Subbject to change.

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# **TODAYS CLASSIC SANDWICH**

Today's sandwich with meat

#### **TODAYS GREEN SANDWICH**

Today's sandwich with greens

# **TODAYS VEGAN SANDWICH**

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

# TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made with gluten and lactose-free alternatives and is served with a gluten-free bun

#### **WEEKLY OPEN SANDWICHES**

Brisket with horseradish crème and herbs (7)

Chicken salad with mayonnaise, yoghurt, fried mushrooms, celery and turnip cabbage (7)

# **VEGETARIAN OPEN SANDWICHES**

Egg salad with curry, cauliflower and chives (7)

Falafel with aioli, crispy cauliflower and herbs

# WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Violette hispi cabbage, fennel, carrots, daikon and baked garlic dressing (V).













# WEEK 20 THURSDAY MAY 19TH

# **TODAYS WARM DISH**

Baked saithe with light bechamel sauce. White potatoes with herb oil. Fennel crudité with chopped dill (7).

### **TODAYS VEGETARIAN DISH**

Baked celery with light bechamel sauce. White potatoes with herb oil. Fennel crudité with chopped dill (7).

# **TODAYS VEGAN DISH**

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

# TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

# **TODAYS SALAD**

Roasted pork with sage and yoghurt crème. Pearl barley, apple, kohl rabi, parsley and endive (1, 7).

### **TODAYS VEGETARIAN SALAD**

Falafel and yoghurt crème. Pearl barley, apple, kohl rabi, parsley and endive (1, 7).

# TODAYS CLASSIC SANDWICH

Today's sandwich with meat

# **TODAYS GREEN SANDWICH**

Today's sandwich with greens

#### **TODAYS VEGAN SANDWICH**

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

# TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made with gluten and lactose-free alternatives and is served with a gluten-free bun

### **WEEKLY OPEN SANDWICHES**

Brisket with horseradish crème and herbs (7)

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Chicken salad with mayonnaise, yoghurt, fried mushrooms, celery and turnip cabbage (7)

#### **VEGETARIAN OPEN SANDWICHES**

Egg salad with curry, cauliflower and chives (7)

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Falafel with aioli, crispy cauliflower and herbs

### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

### **TODAYS CAKE**

Cookies with cranberries (1, 7).

Subbject to change.

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# WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Creamy cold potato salad with dill, chives and tomatoes (7).













# WEEK 20 FRIDAY MAY 20TH

# **TODAYS WARM DISH**

Roasted chicken thighs, glazed with mustard, brown sugar and thyme.

Served with steamed Nordic corn and sour herb crème (1, 7).

# **TODAYS VEGETARIAN DISH**

Baked yellow beets with celery- and truffle puree. Topped with toasted hazelnuts. Served with steamed Nordic corn (1, 7, 8).

# **TODAYS VEGAN DISH**

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

# $\frac{\text{TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE}}{\text{AND NUTS}}$

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

# **TODAYS SALAD**

Mozzarella and pesto.

Roasted carrots with black lentils and dill seeds (7).

# **TODAYS VEGETARIAN SALAD**

Organic eggs and spinach- and pea crème. Green salad leaves with radishes, pickled red onions and chickpeas.

# THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

# **TODAYS CLASSIC SANDWICH**

Today's sandwich with meat

# **TODAYS GREEN SANDWICH**

Today's sandwich with greens

# **TODAYS VEGAN SANDWICH**

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

# TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made with gluten and lactose-free alternatives and is served with a gluten-free bun

#### **WEEKLY OPEN SANDWICHES**

Brisket with horseradish crème and herbs (7)

Chicken salad with mayonnaise, yoghurt, fried mushrooms, celery and turnip cabbage (7)

# **VEGETARIAN OPEN SANDWICHES**

Egg salad with curry, cauliflower and chives (7)

Falafel with aioli, crispy cauliflower and herbs

# WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Raw salad of beetroot, pumpkin seeds, cherry juice and beetroot leaves (V).

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