

WEEK 20 MONDAY MAY 16TH

TODAYS WARM DISH

Turkey in massaman curry with coconut, potatoes, onions and carrots.
Steamed organic jasmine rice.
Kohl rabi in rice vinegar with chili and black sesame (2).

TODAYS VEGETARIAN DISH

Cauliflower and tofu in massaman curry with coconut, potatoes, onions and carrots.
Steamed organic jasmine rice.
Kohl rabi in rice vinegar with chili and black sesame (V).

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Roasted beef and white bean crème with lime and sesame.
Crispy salad with sesame, spring onions, edamame beans, cucumber and coriander.

TODAYS VEGETARIAN SALAD

Pea protein and white bean crème with lime and sesame.
Crispy salad with sesame, spring onions, edamame beans, cucumber and coriander.

THIS WEEKS SNACK

A small snack or spread will be served on the side

WITH THE WARM DISH

Kimchi inspired salad with sprouts (V)

Subject to change.

Meyers signs only with allergens shown on the **4 icons**:
Pay attention to the number assigned to each allergen icon and look for it in the menu text. The food may contain allergens other than the 4 icons. For more information about further allergens, please contact **Meyers Lunch Kitchen** on **39 18 69 00**



WEEK 20 TUESDAY MAY 17TH

TODAYS WARM DISH

Slow roasted beef with fried onions, cherry tomatoes and bell pepper with a light gravy.
Roasted potatoes with rosemary and thyme.
Served with aioli.

TODAYS VEGETARIAN DISH

Celery patty with chia seeds and fennel.
Roasted potatoes with rosemary and thyme.
Served with aioli (1).

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Roasted chicken and chervil crème.
Salad with celery, apple, kamut, pear vinaigrette and lots of spices (1, 7).

TODAYS VEGETARIAN SALAD

Baked beetroots and chervil crème.
Salad with celery, apple, kamut, pear vinaigrette and lots of herbs (1, 7).

THIS WEEKS SNACK

A small snack or spread will be served on the side

WITH THE WARM DISH

Green beans, kale and spiced tomato dressing (V).

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WEEK 20 WEDNESDAY MAY 18TH

TODAYS WARM DISH

Baked pork chops, marjoram, oregano, olives and tomato sauce.
Gnocchi, butterbeans, spinach and ricotta.
'Vesterhavssost', pearsley and lemon peel (7).

TODAYS VEGETARIAN DISH

Ragout with eggplant, olives, carrot, oregano and tomato.
Gnocchi, butterbeans, spinach and ricotta.
'Vesterhavssost', parsley and lemon peel (7).

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Salmon and feta spread.
Roasted squash, quinoa, arugula, pine nuts, lemon peel and artichokes (7, 8).

TODAYS VEGETARIAN SALAD

Chickpeas and feta spread.
Roasted squash, quinoa, arugula, pine nuts, lemon peel and artichokes (7, 8).

THIS WEEKS SNACK

A small snack or spread will be served on the side

WITH THE WARM DISH

Violette hispi cabbage, fennel, carrots, daikon and baked garlic dressing (V).

TODAYS SHOT

Beetroot, ginger, lemon.

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WEEK 20 THURSDAY MAY 19TH

TODAYS WARM DISH

'Frikadeller' made with beef.

Pickled cucumbers.

Baked hispi cabbage, onions and white carrots with apple cider vinegar and rapeseed oil (1, 7).

TODAYS VEGETARIAN DISH

Vegan 'frikadeller' with chickpeas.

Pickled cucumber.

Baked hispi cabbage, onions and white carrots with apple cider vinegar and rapeseed oil (1, 7).

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Roasted pork and hummus.

Haricots verts and lima beans with larch and mustard vinaigrette.

TODAYS VEGETARIAN SALAD

Baked sweet potato and hummus.

Haricots verts and lima beans with larch and mustard vinaigrette.

THIS WEEKS SNACK

A small snack or spread will be served on the side

WITH THE WARM DISH

Creamy cold potato salad with dill, chives and tomatoes (7).

TODAYS CAKE

Cookies with cranberries (1, 7).

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WEEK 20 FRIDAY MAY 20TH

TODAYS WARM DISH

Roasted chicken thighs, glazed with mustard, brown sugar and thyme.
Served with steamed Nordic corn and sour herb crème (1, 7).

TODAYS VEGETARIAN DISH

Baked yellow beets with celery- and truffle puree. Topped with toasted hazelnuts.
Served with steamed Nordic corn (1, 7, 8).

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Turkey cuvette and pesto.
Roasted carrots with black lentils and dill seeds (7).

TODAYS VEGETARIAN SALAD

Mozzarella and pesto.
Roasted carrots with black lentils and dill seeds (7).

THIS WEEKS SNACK

A small snack or spread will be served on the side

WITH THE WARM DISH

Raw salad of beetroot, pumpkin seeds, cherry juice and beetroot leaves (V).

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