

WEEK 19 MONDAY MAY 9TH

TODAYS WARM DISH

Chicken thighs, roasted with hoisin and topped with chili and spring onions.
Organic jasmine rice steamed with lime leaves.
Goma dressing (1).

TODAYS VEGETARIAN DISH

Tofu and baked eggplant with hoisin, chili and spring onions.
Organic jasmine rice steamed with lime leaves.
Goma dressing (1).

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Roasted pork and satay.
Rice noodles, bean sprouts, turnip cabbage, coriander & cucumber (8).

TODAYS VEGETARIAN SALAD

Edamame and satay.
Rice noodles, bean sprouts, turnip cabbage, coriander & cucumber (8).

THIS WEEKS SNACK

A small snack or spread will be served on the side

WITH THE WARM DISH

Red hispi cabbage, shiso, thai basil, tomatoes & spinach (V).

Subject to change.

Meyers signs only with allergens shown on the **4 icons**:
Pay attention to the number assigned to each allergen icon and look for it in the menu text. The food may contain allergens other than the 4 icons. For more information about further allergens, please contact **Meyers Lunch Kitchen** on **39 18 69 00**



WEEK 19 TUESDAY MAY 10TH

TODAYS WARM DISH

Roasted ham, marinated in garlic, lemon, thyme and rosemary. With baked fennel and onions with gravy.

Steamed potatoes and dill vinaigrette.

Pickled carrots with sea buckthorn.

TODAYS VEGETARIAN DISH

Roasted celeriac, marinated in garlic, lemon, thyme and rosemary. With baked fennel and onions with mushroom sauce.

Steamed potatoes with dill vinaigrette.

Pickled carrots with sea buckthorn.

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Roasted chicken and romesco.

Pearl barley salad with asparagus, cauliflower, chives and cherry tomatoes (1, 8).

TODAYS VEGETARIAN SALAD

Feta and romesco.

Pearl barley salad with asparagus, cauliflower, chives and cherry tomatoes (1, 7, 8).

THIS WEEKS SNACK

A small snack or spread will be served on the side

WITH THE WARM DISH

Lettuce, peas, radishes, mint, baked rhubarb and 'mormor' dressing (7).

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WEEK 19 WEDNESDAY MAY 11TH

TODAYS WARM DISH

Ragu bianco – turkey, mushrooms, onions, celery, carrots and chicken stock.
Pasta penne with olive oil (1).
Parsley pesto (7).

TODAYS VEGETARIAN DISH

Ragu bianco – oyster mushrooms, portobello, champignon, onions, celery, carrot & vegetable stock.
Pasta penne with olive oil (1).
Parsley pesto (7).

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Baked saithe and tomato crème.
Pearl barley, apple, kohlrabi, parsley and salad cheese (1, 7).

TODAYS VEGETARIAN SALAD

Butterbeans and tomato crème.
Pearl barley, apple, kohlrabi, parsley and salad cheese (1, 7).

THIS WEEKS SNACK

A small snack or spread will be served on the side

WITH THE WARM DISH

Green beans and hispi cabbage with arugula, radicchio and spring onions (V).

TODAYS SHOT

Cucumber, ginger and lemon.

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WEEK 19

THURSDAY MAY 12TH

TODAYS WARM DISH

Lebanese meatballs with zaatar.
Batata harra, spicy potatoes with lemon and chili.
Mint yoghurt (1, 7).

TODAYS VEGETARIAN DISH

Falafel with spicy tomato sauce with roasted squash.
Batata harra, spicy potatoes with lemon and chili.
Mint yoghurt (7, V).

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Turkey cuvette and hummus.
Pearl couscous, dill, parsley, spring onions, tomato, sultana raisins and cucumber (1).

TODAYS VEGETARIAN SALAD

Baked sweet potatoes and hummus.
Pearl couscous, dill, parsley, spring onions, tomato, sultana raisins and cucumber (1).

THIS WEEKS SNACK

A small snack or spread will be served on the side

WITH THE WARM DISH

Beetroot, red endive, arugula, salad cheese, pomegranate sirup and dukkah (7, 8).

TODAYS CAKE

Chocolate cake (1, 7).

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