

## WEEK 18 MONDAY MAY 2<sup>ND</sup>

### TODAYS WARM DISH

Classic curry with meatballs of veal and pork.  
Served with organic parboiled rice.  
Spiced apple chutney with cardamom and green chili (1, 7).

### TODAYS VEGETARIAN DISH

Curry sauce with mushrooms, tofu and red pepper.  
Served with organic parboiled rice.  
Spiced apple chutney with cardamom and green chili (1, 7).

### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

### TODAYS SALAD

Roasted chicken and split pea hummus.  
Lentils, celery, apples, chervil, lemon and arugula.

### TODAYS VEGETARIAN SALAD

Salad cheese and split pea hummus.  
Lentils, celery, apples, chervil, lemon and arugula (7).

### THIS WEEKS SNACK

A small snack or spread will be served on the side

### WITH THE WARM DISH

Creamy kale salad, parsley, carrot and cranberries (7).

Subject to change.

Meyers signs only with allergens shown on the **4 icons**:  
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## WEEK 18 TUESDAY MAY 3<sup>RD</sup>

### TODAYS WARM DISH

Coq au Riesling with danish chicken, light vegetables and wild garlic.  
Crushed potatoes with lots of herbs and pickled zittauer onions (1, 7).

### TODAYS VEGETARIAN DISH

Egg tortilla with beans, spinach and mozzarella.  
Crushed potatoes with lots of herbs and eggplant crème (7).

### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

### TODAYS SALAD

Braised beef and mojo.  
Haricots verts and lima beans, larch and lettuce.

### TODAYS VEGETARIAN SALAD

Baked beetroots and mojo.  
Haricots verts and lima beans, larch and lettuce.

### THIS WEEKS SNACK

A small snack or spread will be served on the side

### WITH THE WARM DISH

Raw salad with hispi cabbage, cauliflower, apple and dried apricots (V).

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## WEEK 18 WEDNESDAY MAY 4<sup>TH</sup>

### TODAYS WARM DISH

Stir fry noodles with teriyaki turkey and lime/chili marinated vegetables.  
Served with pickled daikon with coriander seeds (1).

### TODAYS VEGETARIAN DISH

Stir fry noodles with teriyaki tofu and lime /chili marinated vegetables.  
Served with pickled daikon with coriander seeds (1).

### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

### TODAYS SALAD

Pork and bean crème with miso and lemon.  
Grilled and raw broccoli with steamed split peas and thai basil (1, 7).

### TODAYS VEGETARIAN SALAD

Baked sweet potatoes with bean crème with miso and lemon.  
Grilled and raw broccoli with steamed split peas and thai basil (1, 7).

### THIS WEEKS SNACK

A small snack or spread will be served on the side

### WITH THE WARM DISH

Green salad, red hispi cabbage, cucumber, coriander, saltwort and sesame vinaigrette (V).

### TODAYS SHOT

Pineapple, turmeric, lemon and ginger.

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## WEEK 18

### THURSDAY MAY 5<sup>TH</sup>

#### TODAYS WARM DISH

Baked saithe in mustard sauce and seaweed.  
Served with butter steamed potatoes.  
Capers with hispi cabbage and dill (7).

#### TODAYS VEGETARIAN DISH

Fricassee of burnt carrots, spinach and dill.  
Served with butter steamed potatoes.  
Capers with hispi cabbage and dill (7).

#### TODAYS VEGAN DISH

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#### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

#### TODAYS SALAD

Marinated and roasted turkey and yoghurt crème.  
Pearl barley, apple, kohlrabi, parsley and endive (7).

#### TODAYS VEGETARIAN SALAD

Falafels and yoghurt crème.  
Pearl barley, apple, kohlrabi, parsley and endive (7).

#### THIS WEEKS SNACK

A small snack or spread will be served on the side

#### WITH THE WARM DISH

Beetroot, radicchio, bulls blood, dried cranberries, sunflower seeds and rapeseed vinaigrette (V).

#### TODAYS CAKE

Carrot cake (1, 7).

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## WEEK 18 FRIDAY MAY 6<sup>TH</sup>

### TODAYS WARM DISH

Beef marinated in warm spices and roasted vegetables (7).  
Served with warm durum bread and creamy chili dressing (1, 7).

### TODAYS VEGETARIAN DISH

Split pea 'frikadeller' with mushrooms and parsley.  
Served with warm durum bread and creamy chili dressing (1, 7).

### TODAYS VEGAN DISH

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### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

### TODAYS SALAD

Salmon and spinach- and pea creme.  
Green salad leaves with radishes, pickled red onions and chickpeas.

### TODAYS VEGETARIAN SALAD

Organic eggs and spinach- and pea crème.  
Green salad leaves with radishes, pickled red onions and chickpeas.

### THIS WEEKS SNACK

A small snack or spread will be served on the side

### WITH THE WARM DISH

Bulgur with fresh tomatoes, parsley, cucumber and mint (1).

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