HEAR PORTIONS-



WEEK 18 MONDAY MAY 2ND

TODAYS WARM DISH

Classic curry with meatballs of veal and pork. Served with organic parboiled rice. Spiced apple chutney with cardamom and green chili (1, 7).

TODAYS VEGETARIAN DISH

Curry sauce with mushrooms, tempeh and red pepper.

Served with organic parboiled rice. Spiced apple chutney with cardamom with cardamom and green chili (1, 7).

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's

made with gluten and lactose-free alternatives

TODAYS SALAD

Roasted chicken and split pea hummus. Lentils, celery, apples, chervil, lemon and arugula.

TODAYS VEGETARIAN SALAD

Salad cheese and split pea hummus. Lentils, celery, apples, chervil, lemon and arugula.

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS CLASSIC SANDWICH

Today's sandwich with meat

TODAYS GREEN SANDWICH

Today's sandwich with greens

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animalbased products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Fennel salami with pickles, mayonnaise and herbs

Eggs and shrimps with mojo and cress (2)

VEGETARIAN OPEN SANDWICHES

Eggplant with feta and olives (7)

Eggs with mojo and cress

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Creamy kale salad, parsley, carrot and cranberries (7).

Subbject to change.







WEEK 18 TUESDAY MAY 3RD

TODAYS WARM DISH

Coq au Riesling with danish chicken, light vegetables and wild garlic. Crushed potatoes with lots of herbs and pickled zittauer onions (1, 7).

TODAYS VEGETARIAN DISH

Egg tortilla with beans, spinach and mozzarella. Crushed potatoes with lots of herbs and eggplant crème (7).

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Braised beef and mojo. Haricots verts and lima beans, larch and lettuce.

TODAYS VEGETARIAN SALAD

Baked beetroots and mojo. Haricots verts and lima beans, larch and lettuce.

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS CLASSIC SANDWICH

Today's sandwich with meat

TODAYS GREEN SANDWICH

Today's sandwich with greens

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animalbased products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Fennel salami with pickles, mayonnaise and herbs

Eggs and shrimps with mojo and cress (2)

VEGETARIAN OPEN SANDWICHES

Eggplant with feta and olives (7)

Eggs with mojo and cress

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Raw salad with hispi cabbage, cauliflower, apple and dried apricots (V).

Subbject to change.



WEEK 18 WEDNESDAY MAY 4TH



TODAYS WARM DISH

Stir fry noodles with teriyaki turkey and lime/chili marinated vegetables.

Served with pickled daikon with coriander seeds (1).

TODAYS VEGETARIAN DISH

Stir fry noodles with teriyaki tofu and lime/chili marinated vegetables.

Served with pickled daikon with coriander seeds (1).

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Pork and bean crème with miso and lemon. Grilled and raw broccoli with steamed split peas and thai basil (1, 7).

TODAYS VEGETARIAN SALAD

Baked sweet potatoes with bean crème with miso and lemon. Grilled and raw broccoli with steamed split peas and thai basil (1, 7).

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS SHOT

Pineapple, turmeric, lemon and ginger.

TODAYS CLASSIC SANDWICH

Today's sandwich with meat

TODAYS GREEN SANDWICH

Today's sandwich with greens

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animalbased products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Fennel salami with pickles, mayonnaise and herbs

Eggs and shrimps with mojo and cress (2)

VEGETARIAN OPEN SANDWICHES

Eggplant with feta and olives (7)

Eggs with mojo and cress

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Green salad, hispi cabbage, cucumber, coriander, saltwort and sesame vinaigrette (V).









WEEK 18 THURSDAY MAY 5TH

TODAYS WARM DISH

Baked saithe in mustard sauce and seaweed. Served with butter steamed potatoes. Capers with hispi cabbage and dill (7).

TODAYS VEGETARIAN DISH

Fricassee of burnt carrots, spinach and dill. Served with butter steamed potatoes. Capers with hispi cabbage and dill (7).

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Marinated and roasted turkey and yoghurt crème. Pearl barley, apple, kohl rabi, parsley and endive (7).

TODAYS VEGETARIAN SALAD

Falafels and yoghurt crème. Pearl barley, apple, kohl rabi, parsley and endive (7).

TODAYS CLASSIC SANDWICH

Today's sandwich with meat

TODAYS GREEN SANDWICH

Today's sandwich with greens

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animalbased products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Fennel salami with pickles, mayonnaise and herbs

Eggs and shrimps with mojo and cress (2)

VEGETARIAN OPEN SANDWICHES

Eggplant with feta and olives (7)

Eggs with mojo and cress

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS CAKE

Carrot cake (1, 7).

Subbject to change.

Meyers signs only with allergens shown on the **4 icons**: Pay attention to the number assigned to each allergen icon and look for it in the menu text. The food may contain allergens other than the 4 icons. For more information about further allergens, please contact **Meyers Lunch Kitchen on 39 18 69 00**

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Beetroot, radicchio, bulls blood, dried cranberries, sunflower seeds and rapeseed vinaigrette (V).







WEEK 18 FRIDAY MAY 6TH

TODAYS WARM DISH

Beef marinated in warm spices and roasted vegetables (7). Served with warm durum bread and creamy chili dressing (1, 7).

TODAYS VEGETARIAN DISH

Split pea 'frikadeller' with mushrooms and parsley. Served with warm durum bread and creamy chili dressing (1, 7).

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Salmon and spinach- and pea crème. Green salad leaves with radishes, pickled red onions and chickpeas.

TODAYS VEGETARIAN SALAD

Organic eggs and spinach- and pea crème. Green salad leaves with radishes, pickled red onions and chickpeas.

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS CLASSIC SANDWICH

Today's sandwich with meat

TODAYS GREEN SANDWICH

Today's sandwich with greens

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animalbased products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Fennel salami with pickles, mayonnaise and herbs

Eggs and shrimps with mojo and cress (2)

VEGETARIAN OPEN SANDWICHES

Eggplant with feta and olives (7)

Eggs with mojo and cress

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Bulgur with fresh tomatoes, parsley, cucumber and mint (1).

Subbject to change.

