

## WEEK 17

### MONDAY 25<sup>TH</sup> APRIL

#### TODAYS WARM DISH

Moroccan inspired chicken ragout with turmeric and dates.

Served with warm couscous and yoghurt with olive oil and lemon (1, 7).

#### TODAYS VEGETARIAN DISH

Sweet potatoes in spiced sauce with turmeric and dates.

Served with warm couscous and yoghurt with olive oil and lemon (1, 7).

#### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

#### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

#### TODAYS SALAD

Fried beef and fresh cheese.

Grilled eggplants with baby spinach, marinated chickpeas, parsley and pomegranate vinaigrette (7).

#### TODAYS VEGETARIAN SALAD

Boiled organic eggs and fresh cheese.

Grilled eggplants with baby spinach, marinated chickpeas, parsley and pomegranate vinaigrette (7).

#### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

#### TODAYS CLASSIC SANDWICH

Today's sandwich with meat

#### TODAYS GREEN SANDWICH

Today's sandwich with greens

#### TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

#### TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

#### WEEKLY OPEN SANDWICHES

Beef salami with herb mayonnaise and pickled onions

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Egg and tomato with homemade mayonnaise and cress

#### VEGETARIAN OPEN SANDWICHES

Egg and tomato with homemade mayonnaise and cress

-

Crispy salads with baked squash and mozzarella (7)

#### WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Romaine lettuce with green beans, broccoli, spring onions and tahini dressing (V).

Subject to change.

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1. Gluten



2. Krebssdyr



7. Mælk



8. Nødder

## WEEK 17

### TUESDAY 26<sup>TH</sup> APRIL

#### TODAYS WARM DISH

Fish cakes of cod and salmon with dill.  
Boiled potatoes with kale.  
Tartare sauce and lemon (7).

#### TODAYS VEGETARIAN DISH

Nordic falafels with mushrooms, split peas, mild chili and apple.  
Boiled potatoes with kale.  
Tartare sauce and lemon (7).

#### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

#### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

#### TODAYS SALAD

Roasted chicken and tarragon crème.  
Pearl barley and endive with salad cheese, chervil, cucumber and toasted and chopped hazelnuts (1, 7, 8).

#### TODAYS VEGETARIAN SALAD

Baked potatoes and tarragon crème.  
Pearl barley and endive with salad cheese, chervil, cucumber and toasted and chopped hazelnuts (1, 7, 8).

#### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

#### TODAYS CLASSIC SANDWICH

Today's sandwich with meat

#### TODAYS GREEN SANDWICH

Today's sandwich with greens

#### TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

#### TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

#### WEEKLY OPEN SANDWICHES

Beef salami with herb mayonnaise and pickled onions

-

Egg and tomato with homemade mayonnaise and cress

#### VEGETARIAN OPEN SANDWICHES

Egg and tomato with homemade mayonnaise and cress

-

Crispy salads with baked squash and mozzarella (7)

#### WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Crudit  of radishes and carrots with lemon, parsley and lettuce (V).

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1. Gluten



2. Krebssdyr



7. M lk



8. N dder

## WEEK 17

### WEDNESDAY 27<sup>TH</sup> APRIL

#### TODAYS WARM DISH

Turkey cuvette with rasp, cayenne and mustard.  
Organic rice and beans.  
Salsa with tomatoes, pickled jalapeños, lime and coriander (1).

#### TODAYS VEGETARIAN DISH

Lentil stew with mushrooms, parsley, spinach and wild garlic.  
Organic rice and beans.  
Salsa with tomato, pickled jalapeños, lime and coriander (1, V).

#### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

#### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

#### TODAYS SALAD

Ham culotte of pork and bean crème.  
White quinoa, sweet potato, parsley, red pepper and piment vinaigrette.

#### TODAYS VEGETARIAN SALAD

Mozzarella and bean crème.  
White quinoa, sweet potato, parsley, red pepper and piment vinaigrette (7).

#### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

#### TODAYS SHOT

Carrot, apple, lemon and ginger (V).

#### TODAYS CLASSIC SANDWICH

Today's sandwich with meat

#### TODAYS GREEN SANDWICH

Today's sandwich with greens

#### TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

#### TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

#### WEEKLY OPEN SANDWICHES

Beef salami with herb mayonnaise and pickled onions

-

Egg and tomato with homemade mayonnaise and cress

#### VEGETARIAN OPEN SANDWICHES

Egg and tomato with homemade mayonnaise and cress

-

Crispy salads with baked squash and mozzarella (7)

#### WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Finely chopped hispi cabbage, squash, turnip cabbage, dill, toasted sunflower seeds and wild garlic (V).

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1. Gluten



2. Krebssdyr



7. Mælk



8. Æg

## WEEK 17

### THURSDAY 28<sup>TH</sup> APRIL

#### TODAYS WARM DISH

Beef ragout with red wine and herbs.  
Pasta penne with olive oil.  
Parsley and parmesan (1, 7).

#### TODAYS VEGETARIAN DISH

Fried tempeh in tomato sauce with herbs.  
Pasta penne with olive oil.  
Parsley and parmesan (1, 7).

#### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

#### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

#### TODAYS SALAD

Baked saithe and skyr crème.  
Baked fennel with tarragon, parsley, lentils and fresh pear (7).

#### TODAYS VEGETARIAN SALAD

Marinated tofu and skyr crème.  
Baked fennel with tarragon, parsley, lentils and fresh pear (7).

#### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

#### TODAYS CAKE

Pistachio mazarin (1, 7, 8).

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#### TODAYS CLASSIC SANDWICH

Today's sandwich with meat

#### TODAYS GREEN SANDWICH

Today's sandwich with greens

#### TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

#### TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

#### WEEKLY OPEN SANDWICHES

Beef salami with herb mayonnaise and pickled onions

-

Egg and tomato with homemade mayonnaise and cress

#### VEGETARIAN OPEN SANDWICHES

Egg and tomato with homemade mayonnaise and cress

-

Crispy salads with baked squash and mozzarella (7)

#### WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Crispy salad of green beans, tomatoes, olives and oregano (V).



## WEEK 17

### FRIDAY 29<sup>TH</sup> APRIL

#### TODAYS WARM DISH

Pork roast sandwich with crispy pork rind.  
Pickled red cabbage and fresh sliced red cabbage.  
Sour dough bun, pickled cucumber and dijonaise (1).

#### TODAYS VEGETARIAN DISH

Veggie patties.  
Pickled red cabbage and fresh sliced red cabbage.  
Sour dough bun, pickled cucumber and dijonaise (1).

#### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

#### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

#### TODAYS SALAD

Turkey cuvette and hummus.  
Potatoes, red salads, cucumber, dill and cress.

#### TODAYS VEGETARIAN SALAD

Smoked vegetables and hummus.  
Potatoes, red salads, cucumber, dill and cress (V).

#### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

#### TODAYS CLASSIC SANDWICH

Today's sandwich with meat

#### TODAYS GREEN SANDWICH

Today's sandwich with greens

#### TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

#### TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

#### WEEKLY OPEN SANDWICHES

Beef salami with herb mayonnaise and pickled onions

-

Egg and tomato with homemade mayonnaise and cress

#### VEGETARIAN OPEN SANDWICHES

Egg and tomato with homemade mayonnaise and cress

-

Crispy salads with baked squash and mozzarella (7)

#### WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Raw salad of carrots, toasted sunflower seeds and sultana raisins (V).

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