

## WEEK 15 MONDAY 11<sup>TH</sup> APRIL

### TODAYS WARM DISH

Tomato sauce with chorizo, olives, mushrooms, onions and garlic.  
Rigatoni pasta (1).  
Parsley with parmesan (7).

### TODAYS VEGETARIAN DISH

Tomato sauce with olives, capers and smoked mushrooms.  
Rigatoni pasta (1).  
Parsley with parmesan (7).

### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

### TODAYS SALAD

Chicken and truffle crème.  
Grilled eggplants with toasted sunflower seeds, pinto beans, arugula and lemon peel (7).

### TODAYS VEGETARIAN SALAD

Mozzarella and truffle crème.  
Grilled eggplants with toasted sunflower seeds, pinto beans, arugula and lemon peel (7).

### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

### WITH THE WARM DISH

Grilled eggplants with toasted sunflower seeds, pinto beans, arugula, lemon peel and truffle dressing (7).

Subject to change.

Meyers signs only with allergens shown on the **4 icons**:  
Pay attention to the number assigned to each allergen icon and look for it in the menu text. The food may contain allergens other than the 4 icons. For more information about further allergens, please contact **Meyers Lunch Kitchen** on **39 18 69 00**



## WEEK 15 TUESDAY 12<sup>TH</sup> APRIL

### TODAYS WARM DISH

Chicken thighs Danoise with a light gravy.  
Boiled organic potatoes with parlsey.  
Cucumber salad and rhubarb compote (7).

### TODAYS VEGETARIAN DISH

Slices of roasted celeriac with celery puree, pickled onions and parlsey.  
Boiled organic potatoes with parsley.  
Cucumber salad (7).

### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

### TODAYS SALAD

Fish cakes and yoghurt with herbs.  
Baked violette carrots and finely sliced red cabbage, mustard and pickled red onions (1, 7).

### TODAYS VEGETARIAN SALAD

Frittata and yoghurt with herbs.  
Baked violette carrots and finely sliced red cabbage, mustard and pickled red onions (7).

### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

### WITH THE WARM DISH

Broccoli, fennel with larch salsa and toasted hazelnuts (V, 8).

Subject to change.

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1. Gluten



2. Krebssdyr



7. Mælk



8. Nødder

## WEEK 15 WEDNESDAY 13<sup>TH</sup> APRIL

### TODAYS WARM DISH

Meatloaf of lamb, beef and sundried tomatoes.  
Pilaf of rice, lentils and vermicelli.  
Muhammara (1, 8).

### TODAYS VEGETARIAN DISH

Vegan "meatloaf" with mushrooms and herbs.  
Pilaf of rice, lentils and vermicelli.  
Muhammara (1, 8).

### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

### TODAYS SALAD

Roasted pork and hummus.  
Flat beans, haricots verts, baked onions, spinach, beans and tomato vinaigrette.

### TODAYS VEGETARIAN SALAD

Boiled organic eggs and hummus.  
Flat beans, haricots verts, baked onions, spinach, beans and tomato vinaigrette.

### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

### WITH THE WARM DISH

Romaine, hispi cabbage, feta, cucumber, radishes and mint (7).

### TODAYS SHOT

Beetroot, ginger and lemon.

Subject to change.

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