

## WEEK 3

MONDAY 17<sup>TH</sup> JANUARY

### TODAY'S FAVORITE

Chicken thighs, roasted with herbs, garlic and lemon

Smoked cream sauce (7)

Roasted small potatoes with green herbs

Pickled turnip cabbage and cucumber with fennel seeds

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESSORIES

Grilled pumpkin on sesame hummus with crispy leaves and herb topping

Crudit  of cauliflower and carrot with lemon, parsley and spinach

### TODAY'S DELICACIES

Salami Napoli with tapenade, arugula and basil (1, 7)

Beetroot-tartare with mustard, cress and onions

### TODAY'S VEGGIE

Gnocchi with a puree of Jerusalem artichoke, kale and crispy seeds topped with lingonberries

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

*Der tages forbehold for  ndringer.*

Meyers skilter udelukkende med allergener vist p  de **4 ikoner**, v r opm rksom p  det nummer, det enkelte allergenikon er tildelt og se efter det i menuteksten. Maden kan indeholde andre allergener end de 4 ikoner.  nsker du info omkring yderligere allergener, kan du kontakte **Meyers Frokostk kken p  39 18 69 00**.



## Week 3

TUESDAY 18<sup>TH</sup> JANUARY

### TODAY'S FAVORITE

Tender roast of slow cooked danish pork in tomato sauce with olives

Pasta with parmesan and olive oil (7)

Gremolata

(This dish, will be made with alternatives to gluten- and lactose allergist)

### THE GREEN ACCESORIES

Baked and raw beetroot with wheat kernels, mint and orange (1)

Green and crispy leaves with turnip cabbage and vinaigrette, squash and sunflower seeds

### TODAYS DELICACIES

Roastbeef with pickled, grated horseradish and pickled cucumber

Skordalia with baked cod, almonds and olive oil (8)

### TODAYS VEGGIE

Moussaka with aubergines, potatoes and crispy topping (1, 7)

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

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1. Gluten



2. Krebsdyr



7. Mælk



8. Nødder

## WEEK 3

WEDNESDAY 19<sup>TH</sup> JANUARY

### TODAY'S FAVORITE

Roasted duck thighs with hoisin, toasted sesame and fried garlic (1)

Egg noodles with daikon, mushrooms, spring onions, pepper, red onions and sou marinade with Chinese five spice (1)

Julienne of chili pickled pumpkin

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESORIES

Grilled carrots, quinoa, baby spinach and feta (7)

Crispy green salads and edamame marinated with lime

### TODAY'S DELICACIES

Shrimp salad with lemon, dill and tabasco (2, 7)

Serrano with pesto and tomato

### TODAY'S VEGGIE

Roasted cauliflower with hoisin, sesame and fried garlic (1)

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

### TODAY'S SHOT

Chili and honey

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1. Gluten



2. Krebsdyr



7. Mælk



8. Nødder

## WEEK 3

THURSDAY 20<sup>TH</sup> JANUARY

### TODAY'S FAVORITE

Baked beef with rosemary, thyme, oil and spice (1, 7)

Baked roots with garlic, thyme, cardamom and sherry vinegar

Skyr with garlic, lemon and parsley (7)

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESORIES

Chickpeas, baked aubergine, tahini dressing and toasted cashew nuts (7, 8)

Spinach salad with green beans, broccoli and spring onions

### TODAY'S DELICACIES

Turkey salad with mushrooms, spring onions and tarragon (7)

White bean crème with lemon and baked tomatoes

### TODAY'S VEGGIE

Baked squash Malanzana style with crispy topping (7)

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

### TODAY'S CAKE

Chocolate tart (1, 7, 8)

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## WEEK 3

FRIDAY 21<sup>ST</sup> JANUARY

### TODAY'S FAVORITE

Veal breast Indian style with lentils, chickpeas, potatoes, tomatoes and coconut

Steamed basmati rice with cardamom

Apple-chutney with raisins

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESORIES

Salad of celery, several kinds of peas, cucumber and mint

### TODAY'S DELICACIES

Smoked saithe with red mojo, crispy kale and dill

Organic eggs, tomato, mayonnaise and chives

### TODAY'S VEGGIE

Palak paneer – paneer l coconut with spinach and potato

*(This dish will be made in a vegan edition)*

### BREAD

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