



## WEEK 49

MONDAY 6<sup>TH</sup> DECEMBER

### TODAY'S FAVORITE

Italian meatballs in tomato sauce with onions, garlic, carrots and celery

Pasta penne with olive tapenade

Mix of pickled red onions and daikon (1, 7)

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESSORIES

Green lentils with grilled peppers, tomatoes and mild onions

3 kinds of kale salad with daikon and lemon dressing

### TODAY'S DELICACIES

Fishcakes with remoulade and lemon (1)

Egg salad with cottage cheese and herbs (7)

### TODAY'S VEGGIE

Vegetable meatballs in tomato sauce with onions, garlic, carrots and celery. Served with pasta penne with olive tapenade (1)

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

*Der tages forbehold for ændringer.*

Meyers skiltes udelukkende med allergener vist på de 4 ikoner, vær opmærksom på det nummer, det enkelte allergenikon er tildelt og se efter det i menuteksten. Maden kan indeholde andre allergener end de 4 ikoner. Ønsker du info omkring yderligere allergener, kan du kontakte **Meyers Frokostkøkken på 39 18 69 00.**



1. Gluten



2. Krebstdyr



7. Mælk



8. Æg



## Week 49

TUESDAY 7<sup>TH</sup> DECEMBER

### TODAY'S FAVORITE

Glazed ham with mustard sauce (1, 7)

Boiled potatoes

Chopped parsley

(This dish, will be made with alternatives to gluten- and lactose allergist)

### THE GREEN ACCESORIES

Roasted parsnips with quinoa, pumpkin seeds and mustard vinaigrette

Green salad with vinaigrette and a variation of peas

### TODAYS DELICACIES

Veal breast with horseradish crème and capers

Turkey salad with paprika and mild onions

### TODAYS VEGGIE

Spiced bean meatloaf with mustard sauce and boiled potatoes

*(This dish will be made in a vegan edition)*

### BREAD

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8. Æg



## WEEK 49

WEDNESDAY 8<sup>TH</sup> DECEMBER

### TODAY'S FAVORITE

Indian chicken tikka masala with cardamom, cumin and lemon juice

Rice with turmeric

Pickled herbs and sage

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESORIES

Carrot salad with wheat kernels, raisins, mustard dressing and fresh herbs

Fennel and apples salat with arugula and herbs

### TODAY'S DELICACIES

Roastbeef, fried onions and remoulade

Eggs and tomatoes

### TODAY'S VEGGIE

Indian tikka masala with beans, cardamom, cumin and lemon juice. Served with rice with turmeric.

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

### TODAY'S SHOT

Carrot, apple, lemon and ginger

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## WEEK 49

THURSDAY 9<sup>TH</sup> DECEMBER

### TODAY'S FAVORITE

Slow cooked roast of beef with sweet/sour marinade (1)

Egg noodles with kale, mushrooms, carrots and tamarind

Spring onions, beansprouts and sesame

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESORIES

White beans with parsley pesto, roasted squash and cherry tomatoes

Salad with grandma's dressing, radishes and spring onions (7)

### TODAY'S DELICACIES

Ham and Italian salad

Potato with pesto and semi dried tomatoes

### TODAY'S VEGGIE

Rice nodles with aubergine, kale, mushrooms, carrot and tamarind

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

### TODAY'S CAKE

Apple cake (1, 7, 8)

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## WEEK 49

FRIDAY 10<sup>TH</sup> DECEMBER

### TODAY'S FAVORITE

Roasted duck thighs

Christmas risotto with onions, mushrooms and celery

Toasted nuts and herbs (7, 8)

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESORIES

Baked hispi cabbage with pickled cranberries, chickpeas and hazelnuts (8)

Beetroot salad with feta and sunflower seeds (7)

### TODAY'S DELICACIES

Roast of pork with red cabbage and pickled cucumbers

Rimmed cod with pumpkin puree, warm spiced and seeds

### TODAY'S VEGGIE

Roasted endive– Christmas risotto with mushrooms and celery

*(This dish will be made in a vegan edition)*

### BREAD

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