



## WEEK 38

MONDAY 20<sup>th</sup> SEPTEMBER

### TODAY'S FAVORITE

Chicken thighs with thyme, gravy flavored with elderflower

Fried new potatoes with green herbs

Cucumber relish

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESSORIES

Grilled carrots, quinoa and baby spinach

Crispy green salads and green pea cream (7)

### TODAY'S DELICACIES

Danish cold cut of spiced pork with onions, cress and pickles

Cottage cheese with chives, cress and black pepper (7)

### TODAY'S VEGGIE

Peanut stew with sweet potato, ginger, chili and cinnamon (8)

Steamed quinoa with mint

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

*Der tages forbehold for ændringer.*

Meyers skilte udelukkende med allergener vist på de **4 ikoner**, vær opmærksom på det nummer, det enkelte allergenikon er tildelt og se efter det i menuteksten. Maden kan indeholde andre allergener end de 4 ikoner. Ønsker du info omkring yderligere allergener, kan du kontakte **Meyers Frokostkøkken på 39 18 69 00**.



1. Gluten



2. Krebstdyr



7. Mælk



8. Nødder



## Week 38

TUESDAY 21<sup>st</sup> SEPTEMBER

### TODAY'S FAVORITE

Slow roasted pork in tomatosauce with olives  
Roasted butternut squash with wheat kernels with onions and thyme (1)  
Gremolata  
(This dish, will be made with alternatives to gluten- and lactose allergist)

### THE GREEN ACCESORIES

Baked chickpeas, onions, cherrytomatoes and green courgettes  
Green and crispy leaves of salad with turnip cabbage and vinaigrette

### TODAYS DELICACIES

Roastbeef with pickles, grated horseradish and pickles cucumber  
Skordalia with baked cod and oliveoil

### TODAYS VEGGIE

Celery, aubergine and mushrooms in tomatosauce with olives  
*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

*Der tages forbehold for ændringer.*

Meyers skiltes udelukkende med allergener vist på de **4 ikoner**, vær opmærksom på det nummer, det enkelte allergenikon er tildelt og se efter det i menuteksten. Maden kan indeholde andre allergener end de 4 ikoner. Ønsker du info omkring yderligere allergener, kan du kontakte **Meyers Frokostkøkken på 39 18 69 00**.



1. Gluten



2. Krebstdyr



7. Mælk



8. Æg



## WEEK 38

WEDNESDAY 22<sup>nd</sup> SEPTEMBER

### TODAY'S FAVORITE

Tender brisket of beef Indian Style with lentils, chickpeas, potatoes, tomato and coconut

Steamed basmatirice with cardamom and tumeric

Apple and ginger chutney with raisins

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESORIES

Salad of celery, a variety of peas, cucumber and mint

Crispy cabbage, fennel and mango with mint

### TODAY'S DELICACIES

Smoked salmon with cabbage and dill (7)

Egg salad with curry and chives (7)

### TODAY'S VEGGIE

Roasted cauliflower Indian Style with lentils, chickpeas, potatoes, tomato and coconut

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

### TODAY'S SHOT

Apple, ginger, lemon

*Der tages forbehold for ændringer.*

Meyers skilter udelukkende med allergener vist på de **4 ikoner**, vær opmærksom på det nummer, det enkelte allergenikon er tildelt og se efter det i menuteksten. Maden kan indeholde andre allergener end de 4 ikoner. Ønsker du info omkring yderligere allergener, kan du kontakte **Meyers Frokostkøkken på 39 18 69 00**.



1. Gluten



2. Krebsdyr



7. Mælk



8. Nødder



THURSDAY 23<sup>rd</sup> SEPTEMBER

### TODAY'S FAVORITE

Bahn mi with hoisin marinated chicken, coriander, pickled daikon and carrot

Vietnamese baguette (1)

Sesame and chili-mayo

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESORIES

Grilled pumpkin on a bed of sesamehummus and crispy leaves with topping of herbs

Crudit  of cauliflower and carrot with lemon, parsley and spinach

### TODAY'S DELICACIES

Chicken salad with mushrooms, spring onions and tarragon (7)

Tomatohummus with parsley

### TODAY'S VEGGIE

Bahn mi with coconutmarinated tofu, coriander, pickled daikon and carrot

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

### TODAY'S CAKE

Bananacake (1)

*Der tages forbehold for  ndringer.*

Meyers skilter udelukkende med allergener vist p  de **4 ikoner**, v r opm rksom p  det nummer, det enkelte allergenikon er tildelt og se efter det i menuteksten. Maden kan indeholde andre allergener end de 4 ikoner.  nsker du info omkring yderligere allergener, kan du kontakte **Meyers Frokostk kken p  39 18 69 00**.



1. Gluten



2. Krebsdyr



7. M lk



8. N dder



## WEEK 38

FRIDAY 24<sup>th</sup> SEPTEMBER

### TODAY'S FAVORITE

Baked cut of beef with rosemary, thyme, oil and spice

Baked parsleyroots with garlic, thyme, cardamom and sherryvinegar

Crème with garlic, lemon and parsley (7)

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESORIES

Beetroot, pearl couscous and endive with feta, oregano and cashewnuts (1, 7, 8)

Salad of spinach with green beans, broccoli and springonions

### TODAY'S DELICACIES

Shrimp salad with lemon, dill and turnip cabbage (2, 7)

Boiled potatoes, tomato and egg

### TODAY'S VEGGIE

Beetroots baked with rosemary, thyme, oil and spice

Belugalentils with baked onions and herbs

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

*Der tages forbehold for ændringer.*

Meyers skiltes udelukkende med allergener vist på de **4 ikoner**, vær opmærksom på det nummer, det enkelte allergenikon er tildelt og se efter det i menuteksten. Maden kan indeholde andre allergener end de 4 ikoner. Ønsker du info omkring yderligere allergener, kan du kontakte **Meyers Frokostkøkken på 39 18 69 00**.



1. Gluten



2. Krebsdyr



7. Mælk



8. Nødder