



## WEEK 37

MONDAY 13<sup>th</sup> SEPTEMBER

### TODAY'S FAVORITE

Meyers Butter chicken with ginger, chili, onion and carrots (1)

Rice

Mix of crispy herbs and spring onions

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESSORIES

Green lentils with grilled peppers, tomatoes and mild onions

3 kinds of cabbage salad with Chinese radish and lemon dressing

### TODAY'S DELICACIES

Brisket of beef and horseradish

Smoked greens with tarragon and tapenade

### TODAY'S VEGGIE

Creamy cauliflower with ginger, chili, onions and carrot

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

*Der tages forbehold for ændringer.*

Meyers skiltes udelukkende med allergener vist på de 4 ikoner, vær opmærksom på det nummer, det enkelte allergenikon er tildelt og se efter det i menuteksten. Maden kan indeholde andre allergener end de 4 ikoner. Ønsker du info omkring yderligere allergener, kan du kontakte Meyers Frokostkøkken på 39 18 69 00.



1. Gluten



2. Krebssdyr



7. Mælk



8. Nødder



## Week 37

TUESDAY 14<sup>th</sup> SEPTEMBER

### TODAY'S FAVORITE

Beef stew with pumpkin & cinnamon (1)

Roasted potatoes with garlic, olive oil & sage

Spicy plums, ginger & rhubarb

(This dish, will be made with alternatives to gluten- and lactose allergist)

### THE GREEN ACCESORIES

Parsnips, fried with quinoa, pumpkin seeds, mustard vinaigrette and sliced romaine lettuce

Green salad with vinaigrette and a variety of peas

### TODAYS DELICACIES

Classic spread of ham with chives

Smoked mackerel with tomato mayo, sweet tomatoes and onions

### TODAYS VEGGIE

Aubergines with pumpkin and cinnamon.

Roasted potatoes with garlic and olive oil.

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

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## WEEK 37

WEDNESDAY 15<sup>th</sup> SEPTEMBER

### TODAY'S FAVORITE

Turkey with Korean BBQ & sesame (1, 7, 8)

Noodles with sour/sweet sauce and fried greens (1, 2, 7, 8)

Spring onions, pickled carrots and Chinese radishes.

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESORIES

Carrot salad with raisins, mustard dressing and fresh herbs

Fennel and apple salad with arugula and herbs

### TODAY'S DELICACIES

Chicken salad with Karl Johan, pickled mushrooms and cress (1, 7)

Organic eggs with tomato, chives and mayonnaise

### TODAY'S VEGGIE

Beans with Korean BBQ and sesame.

Noodles tossed with sour/sweet sauce and fried greens (7, 8)

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

### TODAY'S SHOT

Carrot, apple, ginger, lemon

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## WEEK 37

THURSDAY 16<sup>th</sup> SEPTEMBER

### TODAY'S FAVORITE

Veal braised in Meyer's apple juice topped with roasted Jerusalem artichokes and  
parsley (1, 7)

Warm pearl barley with rapeseed oil and herbs (1)

Diced pickled beets tossed with thyme

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESORIES

White beans with parsley pesto, roasted squash and cherry tomatoes

Heart salad with sweet miso dressing, radishes and spring onions

### TODAY'S DELICACIES

Pulled duck with pickled pumpkin

Summer salad with smoked cheese, radishes and cucumber (7)

### TODAY'S VEGGIE

Stew with tofu, Meyers apple juice, roasted Jerusalem artichokes with warm pearl barley and  
herbs (1, 7)

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

### TODAY'S CAKE

Triple chocolate muffin (1, 7)

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## WEEK 37

FRIDAY 17<sup>th</sup> SEPTEMBER

### TODAY'S FAVORITE

Gyros of slow roasted pork with fried vegetables (1)

Pita bread (1)

Pickled red onion turned with fresh diced pepper & fresh parsley

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESORIES

Tabbouleh with salted cucumbers, parsley and mint (1)

Crispy salad.

Red cabbage.

Citrus vinaigrette & birches

### TODAY'S DELICACIES

Tuna salad with peppers, organic skyr and grilled peppers (7)

Hummus with sumac (8)

### TODAY'S VEGGIE

Fried tempeh with fried vegetables, pitabread. Pickled onions tossed with fresh diced pepper and fresh parsley (1, 7).

*(This dish will be made in a vegan edition)*

### BREAD

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