

WEEK 37

MONDAY 13th September

TODAYS WARM DISH

Meyers Butterchicken topped with spring onions.
Cilantro.
Brown round rice.

TODAYS VEGETARIAN DISH

Mac'n cheese with creamy pumpkin (1, 7) topped with parsley gremolata & Meyer's pickled cauliflower.

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Slow-cooked beef in thin slices.
Couscous with apricot and grated squash.
Fried eggplant.
Tahin / Yogurt Dressing (1, 7).

TODAYS VEGETARIAN SALAD

Grilled cheese
Couscous with apricot and grated squash
Fried eggplant
Tahin / yogurt dressing (1, 7)

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS SANDWICH

Vitello tonnato, capers and chives (7)

TODAYS VEGETARIAN

Smoked greens with tarragon and tapenade

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Chicken salad with Karl Johan, pickled mushrooms and cress (1, 7)

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Danish cold cut of spiced pork with Jerusalem artichoke salad and parsley (1, 7)

VEGETARIAN OPEN SANDWICHES

Baked carrots with tarragon cream and cress

-

Fried Jerusalem artichokes with mushroom creme, pickled mushrooms and apples

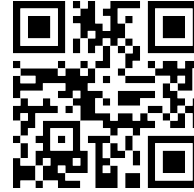
WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

3 kinds of cabbage salad with Chinese radish and lemon dressing

Subject to change.

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**TODAYS WARM DISH**

Beef stew with pumpkin & cinnamon
Crushed potatoes with garlic, olive oil & sage
Spicy plum, ginger & rhubarb relish

TODAYS VEGETARIAN DISH

Moussaka with aubergines, potatoes and yogurt topping (7)
Freekeh with roasted cauliflower, herbs and cauliflower creme

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Turkey with rosemary and lemon
Pearl barley with baked onions and herbs
Mild cabbage
Creamy mustard dressing (7)

TODAYS VEGETARIAN SALAD

Butter beans with rosemary and lemon
Pearl barley with baked onions and herbs
Mild cabbage
Creamy mustard dressing (7)

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS SANDWICH

Classic spread of ham with chives and crispy romaine

TODAYS VEGETARIAN

Fried aubergine with tomato and ricottacreme with herbs and lemon (7)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Chicken salad with Karl Johan, pickled mushrooms and cress (1, 7)
-
Danish cold cut of spiced pork with Jerusalem artichoke salad and parsley (1, 7)

VEGETARIAN OPEN SANDWICHES

Baked carrots with tarragon cream and cress
-
Fried Jerusalem artichokes with mushroom creme, pickled mushrooms and apples

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Salad with cabbage and carrots

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1. Gluten



2. Krebssdyr



7. Melk



8. Nødder



TODAYS WARM DISH

Turkey with Korean BBQ & sesame.
Noodles with spring onions, pickled carrot,
Chinese radish & fried greens. Sour / sweet chili
sauce.

TODAYS VEGETARIAN DISH

Tortilla de patata with leaf beets, potatoes &
ricotta (1.7). Butter beans with pesto, green
beans and cherry tomatoes.
Tomato compote - Semi-dried and fresh,
chopped, with onions, garlic and herbs. Sweet
and sour.

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian
dish, but it's made **without** animal-based
products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose
looks like today's warm dish with meat/poultry
but it's made **with** gluten and lactose-free
alternatives

TODAYS SALAD

Shrimps with lemon and lots of herbs.
Potatoes with smoked dressing.
Green beans and celery (2, 7).

TODAYS VEGETARIAN SALAD

Organic eggs with lemon and lots of herbs.
Potatoes with smoked dressing.
Green beans and celery (7).

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the
side

TODAYS SHOT

Carrot, apple, ginger, lemon

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TODAYS SANDWICH

Fish salad with saithe, mackerel, skyr and dill
(7)

TODAYS VEGETARIAN

Organic eggs with tomato, chives and
mayonnaise

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's
vegetarian dish, but it's cooked **without**
animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and
lactose looks like today's sandwich with
meat/poultry but it's made **with** gluten and
lactose-free alternatives and **is** served with a
gluten-free bun

WEEKLY OPEN SANDWICHES

Chicken salad with Karl Johan, pickled
mushrooms and cress (1, 7)

-

Danish cold cut of spiced pork with Jerusalem
artichoke salad and parsley (1, 7)

VEGETARIAN OPEN SANDWICHES

Baked carrots with tarragon cream and cress

-

Fried Jerusalem artichokes with mushroom
creme, pickled mushrooms and apples

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Fennel and apple salad with arugula and herbs



1. Gluten



2. Krebssdyr



7. Mælk



8. Nødder

**TODAYS WARM DISH**

Veal braised in Meyer's apple juice topped with roasted Jerusalem artichokes and parsley (1, 7)

Warm pearl barley with rapeseed oil and herbs (1)

Diced pickled beets tossed with thyme

TODAYS VEGETARIAN DISH

Baked squash Melanzana style with fresh mozzarella (7)

Oregano, arugula and parsley

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Pork tenderloin with Sichuan pepper

Rice noodles with carrot, lime and sesame

Cucumber and spring onion

TODAYS VEGETARIAN SALAD

Fried celeriac

Rice noodles with carrot, lime and sesame

Cucumber and spring onion

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS CAKE

Triple chocolate cookie (1, 7)

TODAYS SANDWICH

Pulled duck with pickled pumpkin and mustard mayo

TODAYS VEGETARIAN

Fried celeriac.

Summer salad with smoked cheese, radishes and cucumber (7)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Chicken salad with Karl Johan, pickled mushrooms and cress (1, 7)

-

Danish cold cut of spiced pork with Jerusalem artichoke salad and parsley (1, 7)

VEGETARIAN OPEN SANDWICHES

Baked carrots with tarragon cream and cress

-

Fried Jerusalem artichokes with mushroom creme, pickled mushrooms and apples

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Heart salad with sweet miso dressing, radishes and spring onions

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1. Gluten



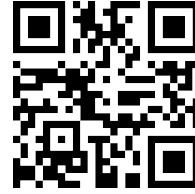
2. Krebssdyr



7. Mælk



8. Nødder



WEEK 37

FRIDAY 17th September

TODAYS WARM DISH

Gyros of long-fried pork in thin slices, with fried vegetables. Pita bread (1)
Pickled red onion turned with fresh diced pepper & fresh parsley

TODAYS VEGETARIAN DISH

Indian Mulligatawny with lentils, chickpeas, potatoes, tomato and coconut topped with cilantro, parsley & spring onion
Apple chutney with raisins.

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Fried chicken breast
Pasta with pesto and roasted seeds
Several kinds of tomato and basil
Parmesan (1, 7)

TODAYS VEGETARIAN SALAD

Mozzarella
Pasta with pesto and roasted seeds
Several kinds of tomato and basil
Parmesan (1, 7)

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS SANDWICH

Tuna salad with peppers, organic skyr and grilled peppers (7)

TODAYS VEGETARIAN

Roasted cauliflower with hummus, sumac & pickled red onion (8)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Chicken salad with Karl Johan, pickled mushrooms and cress (1, 7)
-
Danish cold cut of spiced pork with Jerusalem artichoke salad and parsley (1, 7)

VEGETARIAN OPEN SANDWICHES

Baked carrots with tarragon cream and cress
-
Fried Jerusalem artichokes with mushroom creme, pickled mushrooms and apples

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Crispy salad. Red cabbage. Lemon vinaigrette and poppy seeds.

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