



WEEK 32

MONDAY 9th AUGUST

TODAYS WARM DISH

Pork in red curry and coconut milk with lots of vegetables and steamed rice

TODAYS VEGETARIAN DISH

Grilled cauliflower in red curry and coconut milk with lots of vegetables and steamed rice

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Long-fried pork in red curry
Rice salad with crispy carrot and fresh onions
Chinese cabbage and radish in sesame dressing
Shiso and coriander

TODAYS VEGETARIAN SALAD

Fried tofu and cauliflower in red curry
Rice salad with crispy carrot and fresh onions
Chinese cabbage and radish in sesame dressing
Shiso and coriander

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS SANDWICH

Beef breast with wasabi mayo, cucumber and cress (1)

TODAYS VEGETARIAN

Shrimp salad with baked pepper cream & basil (2,7)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Veal liver pate with bacon, sour and cress (1, 7)
-
Ham salad with asparagus, mustard and chives (1,7)

VEGATARIAN OPEN SANDWICHES

Mushroom pate with sour and cress
-
Pickled celery with split peas, celery leaves, chives and shallots

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Bean salad with red pepper, lemongrass and Thai basil

Subject to change.

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**TODAYS WARM DISH**

Chicken fried with herbs, garlic and lemon. With raw and baked roots with olives and tomato

TODAYS VEGETARIAN DISH

ornotto with mushrooms, onions, lemon peel, fresh cheese, herbs and Grana Padano (1, 7)

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Shrimp in creamy dressing with lemon and garlic
Potatoes and raw cauliflower
Frissé and mild onions
Pea sprouts (2)

TODAYS VEGETARIAN SALAD

Large white beans in creamy dressing with lemon and garlic
Potatoes and raw cauliflower
Frissé and mild onions
Pea sprouts (2)

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS SANDWICH

Chicken with curry dressing and crispy bacon (1, 7)

TODAYS VEGETARIAN

Organic eggs with tomato, mayo and chives (1, 7)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Veal liver pate with bacon, sour and cress (1, 7)
-
Ham salad with asparagus, mustard and chives (1, 7)

VEGATARIAN OPEN SANDWICHES

Mushroom pate with sour and cress
-
Pickled celery with split peas, celery leaves, chives and shallots

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Glass cabbage and turnips with bitter salads

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1. Gluten



2. Kornsødg



7. Mælk



8. Nødder

**TODAYS WARM DISH**

Veal cuvette in creamy sauce with semi-dry tomato, celery and pickle, served with steamed potatoes (1, 7)

TODAYS VEGETARIAN DISH

Pie with broccoli, courgette, cottage cheese and Fyrmester Cheese (1, 7)

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Fried chicken in mojo
Raw broccoli and roasted courgette
Organic cottage cheese with spring onions and herbs
Cress (7)

TODAYS VEGETARIAN SALAD

Fried king trumpet mushroom in mojo
Raw broccoli and roasted courgette
Organic cottage cheese with spring onions and herbs
Cress (7)

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS SHOT

Carrot, ginger, apple, lemon

TODAYS SANDWICH

Smoked fillet with pea cream and crispy cabbage (1)

TODAYS VEGETARIAN

Fried and raw squash with mojo and feta (1, 7)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Veal liver pate with bacon, sour and cress (1, 7)
-
Ham salad with asparagus, mustard and chives (1,7)

VEGATARIAN OPEN SANDWICHES

Mushroom pate with sour and cress
-
Pickled celery with split peas, celery leaves, chives and shallots

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Baked and raw fennel with crispy cabbage, cucumber and oregano

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1. Gluten



2. Krolsødg



7. Milk



8. Nødder



WEEK 32

THURSDAY 12th AUGUST

TODAYS WARM DISH

Fishcakes with raw fried potatoes & rustic remoulade (1,7)

TODAYS VEGETARIAN DISH

Vegetarian balls with raw fried potatoes & rustic remoulade (1,7)

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Smoked ham and green peas in Nordic dressing
Pearl barley and new onions with cold-pressed rapeseed and larch
Several kinds of kale(1)

TODAYS VEGETARIAN SALAD

Lighthouse cheese and green peas in Nordic dressing
Pearl barley and new onions with cold-pressed rapeseed and larch
Several kinds of kale (1, 7)

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS CAKE

Applecake (1.7)

TODAYS SANDWICH

Pepper turkey with cream cheese, chives and Danish cucumbers (1, 7)

TODAYS VEGETARIAN

Fresh potatoes with bay leaf mayo and crispy onions (1)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Veal liver pate with bacon, sour and cress (1, 7)
-
Ham salad with asparagus, mustard and chives (1,7)

VEGATARIAN OPEN SANDWICHES

Mushroom pate with sour and cress
-
Pickled celery with split peas, celery leaves, chives and shallots

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Cauliflower salad with apples, lemon, roasted seeds

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1. Gluten



2. Kornsider



7. Milk



8. Nødder



WEEK 32

FRIDAY 13th AUGUST

TODAYS WARM DISH

Pork roast sandwich with red cabbage, pickled cucumber, coarse mustard mayo & ølands bun

TODAYS VEGETARIAN DISH

Steak Tempeh sandwich with soft onions, cheese and soft organic bun (1, 7)

TODAYS VEGAN DISH

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TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Long-fried beef with paprika marinade
Several kinds of quinoa with pickled onions and tomato
Crispy glass kale
Avocado mash

TODAYS VEGETARIAN SALAD

Fried summer pumpkin with paprika marinade
Several kinds of quinoa with pickled onions and tomato
Crispy glass kale
Avocado mash

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS SANDWICH

Cheese and ham with mustard dressing and crispy vegetables (1, 7)

TODAYS VEGETARIAN

Avocado cream with chickpeas and baked tomato (1)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Veal liver pate with bacon, sour and cress (1, 7)
-
Ham salad with asparagus, mustard and chives (1,7)

VEGATARIAN OPEN SANDWICHES

Mushroom pate with sour and cress
-
Pickled celery with split peas, celery leaves, chives and shallots

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Raw beetroot and purple scallion in citrus vinaigrette

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1. Gluten



2. Kornsødg



7. Mælk



8. Nødder