



WEEK 32

MONDAY 9th AUGUST

TODAY'S FAVORITE

Pork in red curry and coconut milk with lots of vegetables

Steamed rice

Asian cucumbers with chili and cilantro

(This dish, will be made with alternatives to gluten- and lactose allergist)

TODAY'S GREEN ACCESSORIES

Raw food of carrots, cabbage, sunflower seeds and apple and dried cranberries

Bean salad with red pepper, lemongrass and Thai basil

TODAY'S DELICACIES

Beef breast with wasabi mayo, cucumber and shisokarse (1)

Shrimp salad with baked pepper cream & basil

TODAY'S VEGGIE

Grilled cauliflower in red curry and coconut milk with lots of vegetables

(This dish will be made in a vegan edition)

BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

Der tages forbehold for ændringer.

Meyers skilter udelukkende med allergener vist på de **4 ikoner**, vær opmærksom på det nummer, det enkelte allergenikon er tildelt og se efter det i menuteksten. Maden kan indeholde andre allergener end de 4 ikoner. Ønsker du info omkring yderligere allergener, kan du kontakte **Meyers Frokostkøkken på 39 18 69 00**.



1. Gluten



2. Krebssdyr



7. Mælk



8. Nødder



Week 32

TUESDAY 10th AUGUST

TODAY'S FAVORITE

Chicken fried with herbs, garlic and lemon

Raw and baked roots with olives and tomato

Lemon & herbal cream

(This dish, will be made with alternatives to gluten- and lactose allergist)

THE GREEN ACCESORIES

Bean salad with green and white beans, baked fennel & tomato

Glass cabbage and turnips with bitter salads

TODAYS DELICACIES

Chicken with curry dressing and crispy bacon (1, 7)

Organic eggs with tomato, mayo and chives (1, 7)

TODAYS VEGGIE

Kornotto with mushrooms, onions, lemon peel, fresh cheese, herbs and Grana Padano (1, 7)

(This dish will be made in a vegan edition)

BREAD

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WEEK 32

WEDNESDAY 11th AUGUST

TODAY'S FAVORIT

eal cuvette in creamy sauce with semi-dry tomato, celery and carrot (1, 7)

Wheat kernels with squash

Marinated olives

(This dish, will be made with alternatives to gluten- and lactose allergist)

TODAY'S GREEN ACCESORIES

Watermelon with feta, mint, pomegranate syrup & dried black olives

Baked and raw fennel with crispy cabbage, cucumber and oregano

TODAY'S DELICACIES

Smoked fillet with pea cream and crispy cabbage (1)

Fried and raw squash with mojo and feta (1, 7)

TODAY'S VEGGIE

Fried king trumpet mushroom in mojo with raw broccoli and toasted courgette, organic cottage cheese with spring onions, herbs and watercress (7)

(This dish will be made in a vegan edition)

BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

TODAY'S SHOT

Carrot, ginger, lemon, apple

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7. Meik



8. Nødder



WEEK 32

THURSDAY 12th AUGUST

TODAY'S FAVORIT

Fish cake (1, 7)

Raw fried potatoes

Rustic remoulade

(This dish, will be made with alternatives to gluten- and lactose allergist)

TODAY'S GREEN ACCESORIES

Cabbage salad with mint, coriander and roasted sesame

Cauliflower salad with apples, lemon, roasted seeds

TODAY'S DELICACIES

Pepper turkey with cream cheese, chives and Danish cucumbers (1, 7)

Fresh potatoes with larch mayo and crispy onions

TODAY'S VEGGIE

Vegetarian balls with raw fried potatoes, rustic remoulade

(This dish will be made in a vegan edition)

BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

TODAY'S CAKE

Applecake(1,7)

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WEEK 32

FRIDAY 13th AUGUST

TODAY'S FAVORIT

Pork roast sandwich with red cabbage & pickled cucumber

Ølands bun (1)

Coarse mustard mayonnaise

(This dish, will be made with alternatives to gluten- and lactose allergist)

TODAY'S GREEN ACCESORIES

Baked sweet potatoes with summer onions, roasted pumpkin seeds & chipotle vinaigrette

Raw beetroot and purple scallion in citrus vinaigrette

TODAY'S DELICACIES

Smoked ham with mustard cream and pickled onions

Tuna salad with tomatoes, dill, lemon & gherkins

TODAY'S VEGGIE

Steak Tempeh sandwich with soft onions and cheese (1, 7)

(This dish will be made in a vegan edition)

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