



## WEEK 32

MONDAY 9th AUGUST

### TODAY'S FAVORITE

Pork in red curry and coconut milk with lots of vegetables

Steamed rice

Asian cucumbers with chili and cilantro

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESSORIES

Raw food of carrots, cabbage, sunflower seeds and apple and dried cranberries

Bean salad with red pepper, lemongrass and Thai basil

### TODAY'S DELICACIES

Beef breast with wasabi mayo, cucumber and shisokarse (1)

Shrimp salad with baked pepper cream & basil

### TODAY'S VEGGIE

Grilled cauliflower in red curry and coconut milk with lots of vegetables

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

*Der tages forbehold for ændringer.*

Meyers skilter udelukkende med allergener vist på de **4 ikoner**, vær opmærksom på det nummer, det enkelte allergenikon er tildelt og se efter det i menuteksten. Maden kan indeholde andre allergener end de 4 ikoner. Ønsker du info omkring yderligere allergener, kan du kontakte **Meyers Frokostkøkken på 39 18 69 00**.



1. Gluten



2. Krebssdyr



7. Mælk



8. Nødder



## Week 32

TUESDAY 10th AUGUST

### TODAY'S FAVORITE

Chicken fried with herbs, garlic and lemon

Raw and baked roots with olives and tomato

Lemon & herbal cream

(This dish, will be made with alternatives to gluten- and lactose allergist)

### THE GREEN ACCESORIES

Bean salad with green and white beans, baked fennel & tomato

Glass cabbage and turnips with bitter salads

### TODAYS DELICACIES

Chicken with curry dressing and crispy bacon (1, 7)

Organic eggs with tomato, mayo and chives (1, 7)

### TODAYS VEGGIE

Kornotto with mushrooms, onions, lemon peel, fresh cheese, herbs and Grana Padano (1, 7)

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

*Der tages forbehold for ændringer.*

Meyers skilter udelukkende med allergener vist på de **4 ikoner**, vær opmærksom på det nummer, det enkelte allergenikon er tildelt og se efter det i menuteksten. Maden kan indeholde andre allergener end de 4 ikoner. Ønsker du info omkring yderligere allergener, kan du kontakte **Meyers Frokostkøkken på 39 18 69 00.**



1. Gluten



2. Krebssdyr



7. Melek



8. Nedder



## WEEK 32

WEDNESDAY 11th AUGUST

### TODAY'S FAVORIT

veal cuvette in creamy sauce with semi-dry tomato, celery and carrot (1, 7)

Wheat kernels with squash

Marinated olives

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESORIES

Watermelon with feta, mint, pomegranate syrup & dried black olives

Baked and raw fennel with crispy cabbage, cucumber and oregano

### TODAY'S DELICACIES

Smoked fillet with pea cream and crispy cabbage (1)

Fried and raw squash with mojo and feta (1, 7)

### TODAY'S VEGGIE

Fried king trumpet mushroom in mojo with raw broccoli and toasted courgette, organic cottage cheese with spring onions, herbs and watercress (7)

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

### TODAY'S SHOT

Carrot, ginger, lemon, apple

*Der tages forbehold for ændringer.*

Meyers skilter udelukkende med allergener vist på de **4 ikoner**, vær opmærksom på det nummer, det enkelte allergenikon er tildelt og se efter det i menuteksten. Maden kan indeholde andre allergener end de 4 ikoner. Ønsker du info omkring yderligere allergener, kan du kontakte **Meyers Frokostkøkken på 39 18 69 00**.



1. Gluten



2. Krebssdyr



7. Meik



8. Nødder



## WEEK 32

THURSDAY 12th AUGUST

### TODAY'S FAVORIT

Ham meatballs with stewed scallions, green peas and thyme (1, 7)

Steamed potatoes

Pickled beets

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESORIES

Cabbage salad with mint, coriander and roasted sesame

Green lentils and savoy cabbage with pear and Dijon

### TODAY'S DELICACIES

Pepper turkey with cream cheese, chives and Danish cucumbers (1, 7)

Fresh potatoes with larch mayo and crispy onions

### TODAY'S VEGGIE

Vegetarian balls with stewed cabbage and potatoes, with green peas and thyme (1, 7)

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

### TODAY'S CAKE

Apple short bread (1,7)

*Der tages forbehold for ændringer.*

Meyers skilter udelukkende med allergener vist på de **4 ikoner**, vær opmærksom på det nummer, det enkelte allergenikon er tildelt og se efter det i menuteksten. Maden kan indeholde andre allergener end de 4 ikoner. Ønsker du info omkring yderligere allergener, kan du kontakte **Meyers Frokostkøkken på 39 18 69 00**.



1. Gluten



2. Krebssdyr



7. Mælk



8. Nødder



## WEEK 32

FRIDAY 13th AUGUST

### TODAY'S FAVORIT

Steak sandwich of long-fried beef comb with soft onions and cheese (7)

Brioche bun (1)

Bearnaise cream (7)

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESORIES

Baked sweet potatoes with summer onions, roasted pumpkin seeds & chipotle vinaigrette

Raw beetroot and purple scallion in citrus vinaigrette

### TODAY'S DELICACIES

Smoked ham with mustard cream and pickled onions

Tuna salad with tomatoes, dill, lemon & gherkins

### TODAY'S VEGGIE

Steak Tempeh sandwich with soft onions and cheese (1, 7)

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

*Der tages forbehold for ændringer.*

Meyers skilter udelukkende med allergener vist på de **4 ikoner**, vær opmærksom på det nummer, det enkelte allergenikon er tildelt og se efter det i menuteksten. Maden kan indeholde andre allergener end de 4 ikoner. Ønsker du info omkring yderligere allergener, kan du kontakte **Meyers Frokostkøkken på 39 18 69 00**.



1. Gluten



2. Krebssdyr



7. Melek



8. Nødder