



## WEEK 30 MONDAY 26<sup>th</sup> JULY

### TODAYS WARM DISH

Hamburger back with summer vegetables in a light fricassee, and butter steamed potatoes (1,7)

### TODAYS VEGETARIAN DISH

Roasted and smoked celeriac with summer vegetables in a light fricassee and butter steamed potatoes (1, 7)

### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

### TODAYS SALAD

Pork  
New potatoes and spiced bowl in mustard dressing  
Smoked cheese crème  
Mizuna and mixed herbs (7)

### TODAYS VEGETARIAN SALAD

Smoked beetroot  
New potatoes and spiced bowl in mustard dressing  
Smoked cheese crème  
Mizuna and mixed herbs (7)

### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

### TODAYS SANDWICH

Beef pastrami with rhubarb chutney and cream cheese with horseradish (1,7)

### TODAYS VEGETARIAN

Egg salad with cucumber, radish and cress (1,7)

### TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

### TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

### WEEKLY OPEN SANDWICHES

Smoked mackerel salad with radishes, cucumber & dill (7)  
-  
Roast beef with pickles, horseradish & cress

### VEGATARIAN OPEN SANDWICHES

Potatoes with lemon cream, radishes, red onion and dill  
-  
Green summer salad with asparagus, peas, cucumber & cress

### WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Bean salad with herbal dressing, grilled carrots and scallion

Subject to change.

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1. Gluten



2. Kornsødg



7. Milk



8. Nødder



## WEEK 30 TUESDAY 27<sup>th</sup> JULY

### TODAYS WARM DISH

Turkey and fried vegetables in teriyaki with egg noodles (1)

### TODAYS VEGETARIAN DISH

Tofu, mushrooms and fried vegetables in teriyaki with egg noodles (1)

### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

### TODAYS SALAD

Teriyaki marinated turkey  
Rice noodle salad with lots of vegetables  
Chinese cabbage with sesame  
Shiso (1, 7)

### TODAYS VEGETARIAN SALAD

Teriyaki marinated tofu and mushrooms  
Rice noodle salad with lots of vegetables  
Chinese cabbage with sesame  
Shiso (1,7)

### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

### TODAYS SANDWICH

Serrano ham with baked cherry tomatoes and parmesan cream (1, 7)

### TODAYS VEGETARIAN

Mozzarella with cherry tomatoes and pesto (1, 7)

### TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

### TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

### WEEKLY OPEN SANDWICHES

Smoked mackerel salad with radishes, cucumber & dill (7)

-

Roast beef with pickles, horseradish & cress

### VEGATARIAN OPEN SANDWICHES

Potatoes with lemon cream, radishes, red onion and dill

-

Green summer salad with asparagus, peas, cucumber & cress

### WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Crispy salads with saltet pumpkin seeds

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1. Gluten



2. Kornsødg



7. Milk



8. Nødder

## WEEK 30

WEDNESDAY 28<sup>th</sup> JULY**TODAYS WARM DISH**

Veal breast in BBQ with smoked paprika and apple juice, with spicy tomato rice and marinated baked peppers

**TODAYS VEGETARIAN DISH**

Grilled cheese in BBQ with smoked paprika and apple juice. With spicy tomato rice and marinated baked peppers (7)

**TODAYS VEGAN DISH**

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

**TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS**

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

**TODAYS SALAD**

Veal breast in BBQ marinade  
Pearl barley with corn and green pepper  
Coleslaw  
Sprouts (1, 7)

**TODAYS VEGETARIAN SALAD**

Grilled cheese in BBQ marinade  
Pearl barley with corn and green pepper  
Coleslaw  
Sprouts (1, 7)

**THIS WEEKS SIDE-SNACK/SPREAD**

A small snack or spread will be served on the side

**TODAYS SHOT**

Beetroot, ginger, lemon

**TODAYS SANDWICH**

Tuna salad with crispy cauliflower, radishes and chives (1, 7)

**TODAYS VEGETARIAN**

Baked peppers with mojo and feta (1, 7)

**TODAYS VEGAN SANDWICH**

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

**TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS**

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

**WEEKLY OPEN SANDWICHES**

Smoked mackerel salad with radishes, cucumber & dill (7)

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Roast beef with pickles, horseradish & cress

**VEGATARIAN OPEN SANDWICHES**

Potatoes with lemon cream, radishes, red onion and dill

-

Green summer salad with asparagus, peas, cucumber & cress

**WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH**

Split pea salad with broccoli, peas and mustard vinaigrette

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1. Gluten



2. Krolsødg



7. Milk



8. Nødder



#### TODAYS WARM DISH

Fried chicken thighs and summer ragout of fresh potatoes, tomato, squash and onions (1, 7)

#### TODAYS VEGETARIAN DISH

Pie with fresh potatoes, tomato, squash and onion (1, 7)

#### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

#### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

#### TODAYS SALAD

Fried chicken  
Pasta salad with tomato, squash, red onion and green pesto  
Olives, parmesan and arugula (1, 7)

#### TODAYS VEGETARIAN SALAD

Mozzarella  
Pasta salad with tomato, squash, red onion and green pesto  
Olives, parmesan and arugula (1, 7)

#### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

#### TODAYS CAKE

Lentil cake (1, 7)

#### TODAYS SANDWICH

Ham salad with apples, summer onions and mustard (1, 7)

#### TODAYS VEGETARIAN

Salad of fresh potatoes with summer onions and mustard dressing (1, 7)

#### TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

#### TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

#### WEEKLY OPEN SANDWICHES

Smoked mackerel salad with radishes, cucumber & dill (7)

-

Roast beef with pickles, horseradish & cress

#### VEGATARIAN OPEN SANDWICHES

Potatoes with lemon cream, radishes, red onion and dill

-

Green summer salad with asparagus, peas, cucumber & cress

#### WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Cauliflower salad with mild onions and parsley

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1. Gluten



2. Krolsdgr



7. Milk



8. Nødder

**TODAYS WARM DISH**

Pulled pork with homemade chili sauce and sesame bun (1, 7)

**TODAYS VEGETARIAN DISH**

Vegetarian kebab with homemade chili sauce and sesame bun (1, 7)

**TODAYS VEGAN DISH**

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

**TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS**

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

**TODAYS SALAD**

Shrimps in 1000 island dressing with white quinoa  
Crispy romaine and cucumber  
Cherry tomato  
Pea sprouts (7)

**TODAYS VEGETARIAN SALAD**

Organic eggs and cottage cheese in 1000 island dressing with white quinoa  
Crispy romaine and cucumber  
Cherry tomato  
Pea sprouts (7)

**THIS WEEKS SIDE-SNACK/SPREAD**

A small snack or spread will be served on the side

**TODAYS SANDWICH**

Chicken with curry dressing, cucumber and cress (1, 7)

**TODAYS VEGETARIAN**

Organic eggs with tomato, mayo and chives (1)

**TODAYS VEGAN SANDWICH**

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

**TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS**

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

**WEEKLY OPEN SANDWICHES**

Smoked mackerel salad with radishes, cucumber & dill (7)

-

Roast beef with pickles, horseradish & cress

**VEGATARIAN OPEN SANDWICHES**

Potatoes with lemon cream, radishes, red onion and dill

-

Green summer salad with asparagus, peas, cucumber & cress

**WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH**

Coleslaw

Subject to change.

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1. Gluten



2. Kornsødg



7. Mælk



8. Nødder