



## WEEK 29

MONDAY 19th JULY

### TODAY'S FAVORITE

Fried sausage with cabbage in light stew with coarse mustard (1, 7)

New potatoes

Coarse mustard turned with lemon peel and thyme

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESSORIES

Fried parsnips with quinoa, pumpkin seeds, mustard vinaigrette and sliced romaine lettuce

Crispy cabbage and salads with gremolata

### TODAY'S DELICACIES

Vitello tonnato capers, olives and basil (7)

Chicken salad with, mushrooms, crispy bacon and cress (7)

### TODAY'S VEGGIE

Miso-baked carrots with spit bowl in light stew with coarse mustard

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

*Der tages forbehold for ændringer.*

Meyers skilter udelukkende med allergener vist på de **4 ikoner**, vær opmærksom på det nummer, det enkelte allergenikon er tildelt og se efter det i menuteksten. Maden kan indeholde andre allergener end de 4 ikoner. Ønsker du info omkring yderligere allergener, kan du kontakte **Meyers Frokostkøkken på 39 18 69 00**.



1. Gluten



2. Krebssdyr



7. Mælk



8. Nødder



## Week 29

TUESDAY 20th JULY

### TODAY'S FAVORITE

Fricassee of veal breast, thyme and summer vegetables (1.7)

Crispy tartlets

Chopped parsley

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### THE GREEN ACCESORIES

Potatoes flipped with lots of herbs and mustard vinaigrette

Raw carrots with citrus and sultan raisins

### TODAYS DELICACIES

Roast beef with remoulade and crispy onions (1)

Smoked mackerel with tomato mayo, sweet tomatoes and chives

### TODAYS VEGGIE

Fricassee of asparagus and cabbage with elderflower and thyme (1, 7)

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

*Der tages forbehold for ændringer.*

Meyers skilter udelukkende med allergener vist på de **4 ikoner**, vær opmærksom på det nummer, det enkelte allergenikon er tildelt og se efter det i menuteksten. Maden kan indeholde andre allergener end de 4 ikoner. Ønsker du info omkring yderligere allergener, kan du kontakte **Meyers Frokostkøkken på 39 18 69 00**.



1. Gluten



2. Krebssdyr



7. Meik



8. Nødder



## WEEK 29

WEDNESDAY 21th JULY

### TODAY'S FAVORIT

Chicken in red curry with lots of vegetables

Steamed basmati rice

Gooseberry chutney with hot spices

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESORIES

Salad with mung beans, water chestnut, wasabi and vegan dressing

Fennel salad with lemon and roasted birches

### TODAY'S DELICACIES

Rilette of pork with mustard and sour sweet compote

Fresh potatoes, mayonnaise, capers and pickled onions (1)

### TODAY'S VEGGIE

Chickpeas in red curry with lots of vegetables

*(This dish will be made in a vegan edition)*

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

### TODAY'S SHOT

Cucumber, ginger, lemon

*Der tages forbehold for ændringer.*

Meyers skilter udelukkende med allergener vist på de **4 ikoner**, vær opmærksom på det nummer, det enkelte allergenikon er tildelt og se efter det i menuteksten. Maden kan indeholde andre allergener end de 4 ikoner. Ønsker du info omkring yderligere allergener, kan du kontakte **Meyers Frokostkøkken på 39 18 69 00**.



1. Gluten



2. Krebssdyr



7. Mælk



8. Nødder



THURSDAY 22th JULY

### TODAY'S FAVORIT

Lump of beef, baked with rosemary, lemon and thyme

Pasta pens with rich tomato sauce and summer greens (1)

Gremolata

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

### TODAY'S GREEN ACCESORIES

Several kinds of carrots flipped with arugula and roasted buckwheat

Heart salad with granny dressing and chives

### TODAY'S DELICACIES

Spicy, organic beef comb, avocado and tomato salsa (1)

Smoked and baked celery with apple, tarragon, hazelnuts, mushrooms and virgin olive oil (8)

### TODAY'S VEGGIE

Grilled tempeh and mushrooms

### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

### TODAY'S CAKE

Coconut macaron (1.7)

*Der tages forbehold for ændringer.*

Meyers skilter udelukkende med allergener vist på de **4 ikoner**, vær opmærksom på det nummer, det enkelte allergenikon er tildelt og se efter det i menuteksten. Maden kan indeholde andre allergener end de 4 ikoner. Ønsker du info omkring yderligere allergener, kan du kontakte **Meyers Frokostkøkken på 39 18 69 00**.



1. Gluten



2. Krebssdyr



7. Meik



8. Nedder



## WEEK 29

### FRIDAY 23th JULY

#### TODAY'S FAVORIT

Gyros of braised pork in thin slices, with oregano, lemon and fried vegetables

Turkish pita bread

Tomato salsa with pomegranate and fresh parsley

Yoghurt dressing with mild garlic and lemon (7)

*(This dish, will be made with alternatives to gluten- and lactose allergist)*

#### TODAY'S GREEN ACCESORIES

Salted and baked eggplant with yogurt, chili and olive oil

Greek salad with tomatoes, olives, cucumbers and green leaves

#### TODAY'S DELICACIES

Tuna salad with peppers, organic skyr and grilled peppers (7)

Hummus with sumac (8)

#### TODAY'S VEGGIE

Falafel with onion, oregano and baked pepper (1, 7)

*(This dish will be made in a vegan edition)*

#### BREAD

Organic sourdough bread and rye bread from Meyers Bakery (1)

*Der tages forbehold for ændringer.*

Meyers skilter udelukkende med allergener vist på de **4 ikoner**, vær opmærksom på det nummer, det enkelte allergenikon er tildelt og se efter det i menuteksten. Maden kan indeholde andre allergener end de 4 ikoner. Ønsker du info omkring yderligere allergener, kan du kontakte **Meyers Frokostkøkken på 39 18 69 00**.



1. Gluten



2. Krebssdyr



7. Mælk



8. Nødder