

WEEK 19 MONDAY 10th MAY

TODAYS WARM DISH

Moroccan inspired chicken ragout with turmeric and dates

TODAYS VEGETARIAN DISH

Sweet potatoes in spiced sauce with coconut, cardamom and ginger

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

White quinoa with tomato and cilantro
Crispy pointed cabbage
Slowly fried ox with chili
Beans cream with lemon

TODAYS VEGETARIAN SALAD

White quinoa with tomato and cilantro
Crispy pointed cabbage
Fried cheese with chili marinade
Beans cream with lemon (7)

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS SANDWICH

Bresaola with herbs pesto and sun dried tomato (7)

TODAYS VEGETARIAN

Grilled peppers with Mojo, mild onion and roasted almonds (8)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and is served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Chicken salad with asparagus, crispy cauliflower and green peas (7)
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Mustard marinated smoked saddle of pork with Italian salad and loads of chervil (7)

VEGATARIAN OPEN SANDWICHES

Potato salad with asparagus, crispy cauliflower and green peas (7)
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Mustard celery leaves in thin sectioning with Italian salad and loads of chervil (7)

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Couscous salad with parsley, tomato and red onion (1)

Subject to change.

Meyers signs only with allergens shown on the **4 icons**: Pay attention to the number assigned to each allergen icon and look for it in the menu text. The food may contain allergens other than the 4 icons. For more information about further allergens, please contact **Meyers Lunch Kitchen on 39 18 69 00**



WEEK 19 TUESDAY 11th

TODAYS WARM DISH

Tender brisket in Nordic BBQ with coarse mustard and elderflower. Served with steamed pointed cabbage in butter, parsley and lemon (7)

TODAYS VEGETARIAN DISH

Grilled mushrooms in BBQ with coarse mustard and elderflower. Served with steamed pointed cabbage in butter, parsley and lemon (7)

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Baked and raw carrot with mint and rhubarb
Rye kernel
Lightly smoked pig
Yoghurt dressing (1, 7)

TODAYS VEGETARIAN SALAD

Baked and raw carrot with mint and rhubarb
Rye kernel
Chick pea
Yoghurt dressing (1, 7)

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS SANDWICH

Chicken salad with roasted bacon, mushrooms and herbs (7)

TODAYS VEGETARIAN

Egg and tomato with mayo and chive

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Chicken salad with asparagus, crispy cauliflower and green peas (7)

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Mustard marinated smoked saddle of pork with Italian salad and loads of chervil (7)

VEGATARIAN OPEN SANDWICHES

Potato salad with asparagus, crispy cauliflower and green peas (7)

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Mustard celery leaves in thin sectioning with Italian salad and loads of chervil (7)

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Creamy potato salad with radish, asparagus and chives (7)

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WEEK 19 WEDNESDAY 13th

TODAYS WARM DISH

Paella with tender turkey, chorizo, saffron and red peppers

TODAYS VEGETARIAN DISH

Pie with potato, spinach and asparagus (1, 7)

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Green beans and crispy leaves salads
Fried potatoes with tomato vinaigrette
Shrimps (2)

TODAYS VEGETARIAN SALAD

Green beans and crispy leaves salads
Fried potatoes with tomato vinaigrette
Cottage cheese (7)

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS CAKE

Dream cake (1, 7, 8)

TODAYS SANDWICH

Hard cheese and smoked ham with mustard dressing, pepper relish and crispy salads (7)

TODAYS VEGETARIAN

Mozzarella with pesto and tomato (7)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and is served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Chicken salad with asparagus, crispy cauliflower and green peas (7)

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Mustard marinated smoked saddle of pork with Italian salad and loads of chervil (7)

VEGATARIAN OPEN SANDWICHES

Potato salad with asparagus, crispy cauliflower and green peas (7)

-

Mustard celery leaves in thin sectioning with Italian salad and loads of chervil (7)

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Spinach salad with cauliflower crudité and lemon

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WEEK 19

FRIDAY 15th

TODAYS WARM DISH

Gyros of slowly fried pig and thin sectioning, fried with oregano and apple juice. Served with fried vegetables, pita and tzatziki (1, 7)

TODAYS VEGETARIAN DISH

Fried halloumi and egg plants with oregano. Served with fried vegetables, pita and tzatziki (1, 7)

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Potatoes with mustard dressing
Green leaves
Boiled egg and smoked bacon
Mild onion

TODAYS VEGETARIAN SALAD

Potatoes with mustard dressing
Green leaves
Boiled egg and semidried tomato
Mild onion

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS SHOT

Cucumber, ginger and lemon

TODAYS SANDWICH

Salmon rillette with crispy vegetables, curd and dill (7)

TODAYS VEGETARIAN

Mild feta cheese, tapenade and pickled onion

TODAYS VEGAN SANDWICH

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TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and is served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Chicken salad with asparagus, crispy cauliflower and green peas (7)

-

Mustard marinated smoked saddle of pork with Italian salad and loads of chervil (7)

VEGATARIAN OPEN SANDWICHES

Potato salad with asparagus, crispy cauliflower and green peas (7)

-

Mustard celery leaves in thin sectioning with Italian salad and loads of chervil (7)

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Crispy salads with cucumber and red onion

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