

## WEEK 17 MONDAY 26<sup>th</sup>

### TODAYS WARM DISH

Greek inspired gyros of turkey marinated with mustard and oregano with fried vegetables, tzatziki and pita bread (1, 7)

### TODAYS VEGETARIAN DISH

Fried Halloumi and egg plants with herbs and onion, with fried vegetables, tzatziki and pita bread (1, 7)

### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

### TODAYS SALAD

green asparagus and baked tomato  
Fried potatoes with red onions and mustard dressing  
Tuna, capers and herbs

### TODAYS VEGETARIAN SALAD

green asparagus and baked tomato  
Fried potatoes with red onions and mustard dressing  
Egg, capers and herbs

### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

### TODAYS SANDWICH

Fennel salami with sweet and sour chutney of tomato and onion

### TODAYS VEGETARIAN

Organic egg with tomato mayo and pickled onion

### TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

### TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and is served with a gluten-free bun

### WEEKLY OPEN SANDWICHES

Egg salad with cottage cheese, carrot and cress (7)  
-  
Fishballs with remoulade, herbs salad and lemon

### VEGETARIAN OPEN SANDWICHES

Egg salad with cottage cheese, carrot and cress (7)  
-  
Avocado with vegan mayo, semi dried tomato and smoked almonds (8)

### WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Crispy salads with red onion and cucumber

Subject to change.

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## WEEK 17 TUESDAY 27<sup>th</sup>

### TODAYS WARM DISH

Pasta penne and meatballs in tomato sauce boiled with red wine and a lot of herbs (1, 7)

### TODAYS VEGETARIAN DISH

Pasta penne and fried smoked tempeh in tomato sauce boiled with red wine and a lot of herbs (1, 7)

### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

### TODAYS SALAD

Black quinoa  
Corn and green peppers with red onion and cilantro  
Chicken fried with cilantro seeds and paprika  
Avocadospread (7)

### TODAYS VEGETARIAN SALAD

Black quinoa  
Corn and green peppers with red onion and cilantro  
Several beans  
Avocadospread (7)

### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

### TODAYS SANDWICH

BLT – sandwich with fried bacon, salad and tomato

### TODAYS VEGETARIAN

Mozzarella with fried egg plants and crispy cabbage in lemon peel (7)

### TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

### TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and is served with a gluten-free bun

### WEEKLY OPEN SANDWICHES

Egg salat with cottage cheese, carry and cress (7)  
-  
Fishballs with remoulade, herbs salad and lemon

### VEGATARIAN OPEN SANDWICHES

Egg salat with cottage cheese, carry and cress (7)  
-  
Avocado with vegan mayo, semi dried tomato and smoked almonds (8)

### WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Green leaves salads with sunflower and lemon

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## WEEK 17 WEDNESDAY 28<sup>th</sup>

### TODAYS WARM DISH

Chicken leg with cayenne and paprika. Served with cajun rice, fried green pepper and tomato

### TODAYS VEGETARIAN DISH

Veggie paella with tomato, saffron and a lot of vegetables

### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

### TODAYS SALAD

Rice noodles with bok choy and pomelo  
Several sprouts  
Braised pig with soya and ginger (1)

### TODAYS VEGETARIAN SALAD

Rice noodles with bok choy and pomelo  
Several sprouts  
Fried tofu with soya and ginger (1)

### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

### TODAYS SHOT

Carrot, apple and ginger

### TODAYS SANDWICH

Salmon rillette with crispy fennel, curs and dild (7)

### TODAYS VEGETARIAN

Baked vegetables and split pea (8)

### TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

### TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

### WEEKLY OPEN SANDWICHES

Egg salat with cottage cheese, carry and cress (7)  
-  
Fishballs with remoulade, herbs salad and lemon

### VEGATARIAN OPEN SANDWICHES

Egg salat with cottage cheese, carry and cress (7)  
-  
Avocado with vegan mayo, semi dried tomato and smoked almonds (8)

### WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Tomato, corn, blanched celery and peppers

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## WEEK 17 THURSDAY 29<sup>th</sup>

### TODAYS WARM DISH

Danish pig in classic carry sauce with steamed rice and rhubarb chutney with chili (1, 7)

### TODAYS VEGETARIAN DISH

Fried mushrooms and grilled cauliflower in classic carry sauce with steamed rice and rhubarb chutney with chili (1, 7)

### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

### TODAYS SALAD

Crispy salads and cucumber  
Bulgur with parsley and mint  
Slowly fried ox with chili  
Yoghurt with sumac (1, 7)

### TODAYS VEGETARIAN SALAD

Crispy salads and cucumber  
Bulgur with parsley and mint  
Fried mushrooms with chili  
Yoghurt with sumac (1, 7)

### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

### TODAYS CAKE

Organic light brownie with salted caramel (1, 7)

### TODAYS SANDWICH

Chicken salad with carry, mushrooms and pickled celery (7)

### TODAYS VEGETARIAN

Brie with sweet and sour tomato chutney and bitter salads (7)

### TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

### TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and is served with a gluten-free bun

### WEEKLY OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress (7)  
-  
Fishballs with remoulade, herbs salad and lemon

### VEGATARIAN OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress (7)  
-  
Avocado with vegan mayo, semi dried tomato and smoked almonds (8)

### WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Raw food of light cabbage with fresh herbs

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