

WEEK 9 MONDAY 1th

TODAYS WARM DISH

Leg of chicken fried with cayenne and paprika. Served with Cajun rice, fried green peppers and tomato

TODAYS VEGETARIAN DISH

Vegetable paella with tomato, saffron and a lot of vegetables

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Green beans and baked tomato
Fried potato with red onion and mustard dressing
Tuna, capers and herbs

TODAYS VEGETARIAN SALAD

Green beans and baked tomato
Fried potato with red onion and mustard dressing
Egg, capers and herbs

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS SANDWICH

Fennel salami with sweet and sour chutney of tomato and onion

TODAYS VEGETARIAN

Organic egg with tomato mayo and preserved onion

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and is served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress (7)
-
Fish balls with remoulade, herbs salad and lemon

VEGATARIAN OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress
-
Avocado with vegan mayo, semi dried and smoked almonds (8)

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Green and purple cabbage with tomato vinaigrette

Subject to change.

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1. Gluten



2. Krolsdyr



7. Mælk



8. Nødder

WEEK 8 TUESDAY 2th

TODAYS WARM DISH

Fried Meyers Cumberland sausage with baked cabbage, preserved onion and powerful mustard (1, 7)

TODAYS VEGETARIAN DISH

Meatball made of mushrooms with baked cabbage, preserved onion and powerful mustard (1, 7)

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Black quinoa
Corn and green peppers with red onion and cilantro
Chicken fried with cilantro seeds and paprika
Avocadospread (7)

TODAYS VEGETARIAN SALAD

Black quinoa
Corn and green peppers with red onion and cilantro
Several kinds of beans
Avocadospread (7)

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS SANDWICH

Roast beef with pickles, mayo and horse radish

TODAYS VEGETARIAN

Mozzarella with fried eggplant and crispy cabbage in lemon dressing (7)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and is served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress (7)
-
Fish balls with remoulade, herbs salad and lemon

VEGATARIAN OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress
-
Avocado with vegan mayo, semi dried and smoked almonds (8)

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Potato salad with leek, parsley and apple cider vinaigrette

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WEEK 9 WEDNESDAY 3th

TODAYS WARM DISH

Creamy tomato soup with a lot of pearl barley, slow-cooked oz with herbs (1, 7)

TODAYS VEGETARIAN DISH

Creamy tomato soup with a lot of pearl barley, fried tempeh and a lot of herbs (1, 7)

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Buckwheat noodles with bok choy and pomelo
Several sprouts
Braised pig with soya and ginger (1)

TODAYS VEGETARIAN SALAD

Buckwheat noodles with bok choy and pomelo
Several sprouts
Fried tofu with soya and ginger (1)

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS SHOT

Cucumber, ginger and lemon

TODAYS SANDWICH

Salmon rillettes with crispy fennel, curd and dill (7)

TODAYS VEGETARIAN

Baked vegetables and split peas hummus (8)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress (7)
-
Fish balls with remoulade, herbs salad and lemon

VEGATARIAN OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress
-
Avocado with vegan mayo, semi dried and smoked almonds (8)

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Red quinoa, spinach and mild onion

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WEEK 9 THURSDAY 4th

TODAYS WARM DISH

Chicken in a classic carry sauce with steamed rice and carrot chutney with rose hip and chili (1, 7)

TODAYS VEGETARIAN DISH

Fried mushrooms and grilled cauliflower in 1 classic carry sauce with steamed rice and carrot chutney with rose hip and chili (7)

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Crispy salads and cucumber
Bulgur with parsley and mint
Slow-cooked ox with chili
Yogurt with sumac (1, 7)

TODAYS VEGETARIAN SALAD

Crispy salads and cucumber
Bulgur with parsley and mint
Fried mushrooms with chili
Yogurt with sumac (1, 7)

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS CAKE

Organic dark chocolatemousse with raspberry glaze (7)

TODAYS SANDWICH

BLT – Sandwich with fried bacon, salad and tomato

TODAYS VEGETARIAN

Brie with fig chutney, roasted walnuts and frissé in balsamic (7, 8)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and is served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress (7)
-
Fish balls with remoulade, herbs salad and lemon

VEGATARIAN OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress
-
Avocado with vegan mayo, semi dried and smoked almonds (8)

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Raw and roasted broccoli with lemon and cilantro

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WEEK 9 FRIDAY 5th

TODAYS WARM DISH

Pasta Bolognese of Danish beef in powerful tomato sauce with herbs (1)

TODAYS VEGETARIAN DISH

Vegetarian Pasta Bolognese of red lentils and roots in powerful tomato sauce with herbs (1)

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Red salads with lemon
Pearl barley
Smoked duck breast
White beans sprout
Crunch of almonds and chicken skin (1, 8)

TODAYS VEGETARIAN SALAD

Red salads with lemon
Pearl barley
Goat feta
White beans sprout
Roasted almonds (1, 7, 8)

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS SANDWICH

Chicken salad with carry, mushrooms and preserved celeriac (7)

TODAYS VEGETARIAN

Fried beetroot with feta cream and black olive (7)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and is served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress (7)
-
Fish balls with remoulade, herbs salad and lemon

VEGATARIAN OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress
-
Avocado with vegan mayo, semi dried and smoked almonds (8)

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Green leaves salads with sunflower, lemon and grana (7)

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