

## WEEK 9 MONDAY 1<sup>th</sup>

### TODAYS WARM DISH

Leg of chicken fried with cayenne and paprika. Served with Cajun rice, fried green peppers and tomato

### TODAYS VEGETARIAN DISH

Vegetable paella with tomato, saffron and a lot of vegetables

### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

### TODAYS SALAD

Green beans and baked tomato  
Fried potato with red onion and mustard dressing  
Tuna, capers and herbs

### TODAYS VEGETARIAN SALAD

Green beans and baked tomato  
Fried potato with red onion and mustard dressing  
Egg, capers and herbs

### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

### TODAYS SANDWICH

Fennel salami with sweet and sour chutney of tomato and onion

### TODAYS VEGETARIAN

Organic egg with tomato mayo and preserved onion

### TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

### TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and is served with a gluten-free bun

### WEEKLY OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress (7)  
-  
Fish balls with remoulade, herbs salad and lemon

### VEGATARIAN OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress  
-  
Avocado with vegan mayo, semi dried and smoked almonds (8)

### WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Green and purple cabbage with tomato vinaigrette

Subject to change.

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## WEEK 8 TUESDAY 2<sup>th</sup>

### TODAYS WARM DISH

Fried Meyers Cumberland sausage with baked cabbage, preserved onion and powerful mustard (1, 7)

### TODAYS VEGETARIAN DISH

Meatball made of mushrooms with baked cabbage, preserved onion and powerful mustard (1, 7)

### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

### TODAYS SALAD

Black quinoa  
Corn and green peppers with red onion and cilantro  
Chicken fried with cilantro seeds and paprika  
Avocadospread (7)

### TODAYS VEGETARIAN SALAD

Black quinoa  
Corn and green peppers with red onion and cilantro  
Several kinds of beans  
Avocadospread (7)

### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

### TODAYS SANDWICH

Roast beef with pickles, mayo and horse radish

### TODAYS VEGETARIAN

Mozzarella with fried eggplant and crispy cabbage in lemon dressing (7)

### TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

### TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and is served with a gluten-free bun

### WEEKLY OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress (7)  
-  
Fish balls with remoulade, herbs salad and lemon

### VEGATARIAN OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress  
-  
Avocado with vegan mayo, semi dried and smoked almonds (8)

### WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Potato salad with leek, parsley and apple cider vinaigrette

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## WEEK 9 WEDNESDAY 3<sup>th</sup>

### TODAYS WARM DISH

Creamy tomato soup with a lot of pearl barley, slow-cooked oz with herbs (1, 7)

### TODAYS VEGETARIAN DISH

Creamy tomato soup with a lot of pearl barley, fried tempeh and a lot of herbs (1, 7)

### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

### TODAYS SALAD

Buckwheat noodles with bok choy and pomelo  
Several sprouts  
Braised pig with soya and ginger (1)

### TODAYS VEGETARIAN SALAD

Buckwheat noodles with bok choy and pomelo  
Several sprouts  
Fried tofu with soya and ginger (1)

### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

### TODAYS SHOT

Cucumber, ginger and lemon

### TODAYS SANDWICH

Salmon rillettes with crispy fennel, curd and dill (7)

### TODAYS VEGETARIAN

Baked vegetables and split peas hummus (8)

### TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

### TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

### WEEKLY OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress (7)  
-  
Fish balls with remoulade, herbs salad and lemon

### VEGATARIAN OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress  
-  
Avocado with vegan mayo, semi dried and smoked almonds (8)

### WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Red quinoa, spinach and mild onion

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## WEEK 9 THURSDAY 4<sup>th</sup>

### TODAYS WARM DISH

Chicken in a classic carry sauce with steamed rice and carrot chutney with rose hip and chili (1, 7)

### TODAYS VEGETARIAN DISH

Fried mushrooms and grilled cauliflower in 1 classic carry sauce with steamed rice and carrot chutney with rose hip and chili (7)

### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

### TODAYS SALAD

Crispy salads and cucumber  
Bulgur with parsley and mint  
Slow-cooked ox with chili  
Yogurt with sumac (1, 7)

### TODAYS VEGETARIAN SALAD

Crispy salads and cucumber  
Bulgur with parsley and mint  
Fried mushrooms with chili  
Yogurt with sumac (1, 7)

### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

### TODAYS CAKE

Organic dark chocolatemousse with raspberry glaze (7)

### TODAYS SANDWICH

BLT – Sandwich with fried bacon, salad and tomato

### TODAYS VEGETARIAN

Brie with fig chutney, roasted walnuts and frissé in balsamic (7, 8)

### TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

### TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and is served with a gluten-free bun

### WEEKLY OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress (7)  
-  
Fish balls with remoulade, herbs salad and lemon

### VEGATARIAN OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress  
-  
Avocado with vegan mayo, semi dried and smoked almonds (8)

### WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Raw and roasted broccoli with lemon and cilantro

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## WEEK 9 FRIDAY 5<sup>th</sup>

### TODAYS WARM DISH

Pasta Bolognese of Danish beef in powerful tomato sauce with herbs (1)

### TODAYS VEGETARIAN DISH

Vegetarian Pasta Bolognese of red lentils and roots in powerful tomato sauce with herbs (1)

### TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

### TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

### TODAYS SALAD

Red salads with lemon  
Pearl barley  
Smoked duck breast  
White beans sprout  
Crunch of almonds and chicken skin (1, 8)

### TODAYS VEGETARIAN SALAD

Red salads with lemon  
Pearl barley  
Goat feta  
White beans sprout  
Roasted almonds (1, 7, 8)

### THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

### TODAYS SANDWICH

Chicken salad with carry, mushrooms and preserved celeriac (7)

### TODAYS VEGETARIAN

Fried beetroot with feta cream and black olive (7)

### TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

### TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and is served with a gluten-free bun

### WEEKLY OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress (7)  
-  
Fish balls with remoulade, herbs salad and lemon

### VEGATARIAN OPEN SANDWICHES

Egg salad with cottage cheese, carry and cress  
-  
Avocado with vegan mayo, semi dried and smoked almonds (8)

### WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Green leaves salads with sunflower, lemon and grana (7)

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