

WEEK 49

MONDAY 30th

Må vi høre din mening om dagens frokost?



Scan QR-koden med kameraet på din telefon

TODAYS WARM DISH

Meyers lobscouse with lightly salted pork cheeks, potatoes and onion (7)

TODAYS VEGETARIAN DISH

Meyers vegetarian lobscouse with fried and smoked mushrooms, potatoes and onions (7)

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Grilled and raw broccoli with lots of dill
Steamed pearl barley
Smoked ling
Creamy dressing with capers (7)

TODAYS VEGETARIAN SALAD

Grilled and raw broccoli with lots of dill
Steamed pearl barley
Boiled eggs
Creamy dressing with capers (7)

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS SANDWICH

Pan fried chicken with curry mayo, spiced chutney and bacon (7)

TODAYS VEGETARIAN

Split pea hummus with fried mushrooms, lemon thyme and roasted hazelnut (8)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Chicken salad with porcini, pickled mushrooms and cress (1, 7)

-

Roast pork with red cabbage chutney, mustard seeds and crackling

VEGAN OPEN SANDWICHES

Salad of baked carrots with tarragon crème and cress

-

Baked celeriac with red cabbage chutney, mustard seeds and crispy root vegetables

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Raw and baked beetroot in cherry vinegar with lots of chives

Subject to change.

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1. Gluten



2. Krebssdyr



7. Mælk



8. Nødder



WEEK 49

TUESDAY 1st of DECEMBER

TODAYS WARM DISH

Chicken in red curry with coconut, chili and lime leaves
Served with steamed basmati rice

TODAYS VEGETARIAN DISH

Sweet potato and edemame beans in red curry with coconut, chili and lime leaves
Served with steamed basmati rice

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Noodles with carrot, lime and sesame
Cucumber and leek in rice vinegar
Pork tenderloin with sichuan pepper

TODAYS VEGETARIAN SALAD

Noodles with carrots, lime and sesame
Cucumber and leek in rice vinegar
Fried egg

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS SANDWICH

Roastbeef with remoulade, horseradish and crispy onions (1)

TODAYS VEGETARIAN

Mild feta with Mojo and raw lemon marinated zucchini (7)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Chicken salad with porcini, pickled mushrooms and cress (1, 7)

-

Roast pork with red cabbage chutney, mustard seeds and crackling

VEGAN OPEN SANDWICHES

Salad of baked carrots with estragon crème and cress

-

Baked celeriac with red cabbage chutney, mustard seeds and crispy root vegetables

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Two kinds of radish and cabbage with spring onion and sesame

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WEDNESDAY 2nd

TODAYS WARM DISH

Fishcakes with fried potatoes and remoulade

TODAYS VEGETARIAN DISH

Vegetarian meatballs with fried potatoes, mushrooms and thyme

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Raw and roasted brussels sprouts
Baked Jerusalem artichoke in apple cider
Smoked chicken
Spread of sunflower seeds

TODAYS VEGETARIAN SALAD

Raw and roasted brussels sprouts
Baked Jerusalem artichoke in apple cider
Smoked cheese
Spread of sunflower seeds (7)

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS SHOT:

Carrot, apple, ginger

TODAYS SANDWICH

Cured ham with tomato pesto and rocket (7)

TODAYS VEGETARIAN

Baked celeriac with apple and mushroom mayo (7)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Chicken salad with porcini, pickled mushrooms and cress (1, 7)

-

Roast pork with red cabbage chutney, mustard seeds and crackling

VEGAN OPEN SANDWICHES

Salad of baked carrots with estragon crème and cress

-

Baked celeriac with red cabbage chutney, mustard seeds and crispy root vegetables

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Raw shredded carrots with zest/sea buckthorn vinaigrette

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WEEK 49

THURSDAY 3rd

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TODAYS WARM DISH

Organic beef meatballs in tomato sauce with root vegetables (1, 7)

TODAYS VEGETARIAN DISH

Tomato sauce with roasted zucchini and root vegetables

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

A variety of tomato with mixed roasted vegetables with balsamic vinegar
Crispy white bread
Boiled eggs
Basil-salsa (1, 7)

TODAYS VEGETARIAN SALAD

Several kinds of tomato with mixed roasted vegetables with balsamic vinegar
Crispy white bread
Butter beans
Basil-salsa (1, 7)

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAY'S CAKE:

Lemon cake with lemon ganache (1, 7, 8)

TODAYS SANDWICH

Prawn salad with cottage cheese and lots of dill (2, 8)

TODAYS VEGETARIAN

Potatoes with smoked cheese-spread, picked and crispy onions (1,7)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Chicken salad with porcini, pickled mushrooms and cress (1, 7)

-

Roast pork with red cabbage chutney, mustard seeds and crackling

VEGAN OPEN SANDWICHES

Salad of baked carrots with estragon crème and cress

-

Baked celeriac with red cabbage chutney, mustard seeds and crispy root vegetables

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Pasta salad with herbal pesto and parmesan (1, 7)

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FRIDAY 4th

TODAYS WARM DISH

Butter chicken with free range chicken in a spiced sauce

Served with rice and chutney made with pears from Lilleø and ginger (7)

TODAYS VEGETARIAN DISH

Butter chicken with fried tempeh and pumpkin in a spiced sauce

Served with rice and chutney made with pears from Lilleø and ginger (7)

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

TODAYS SALAD

Chickpeas with coriander and mint

Cucumber, fennel and mango

Lightly salted duck

Tandoori yoghurt (7)

TODAYS VEGETARIAN SALAD

Chickpeas with coriander and mint

Cucumber, fennel and mango

Feta

Tandoori yoghurt (7)

THIS WEEKS SIDE-SNACK/SPREAD

A small snack or spread will be served on the side

TODAYS SANDWICH

Meatball sandwich with mayo, pickled cucumber and crispy red cabbage (1, 7)

TODAYS VEGETARIAN

Egg salad with curry, cauliflower and chives (7)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WEEKLY OPEN SANDWICHES

Chicken salad with porcini, pickled mushrooms and cress (1, 7)

-

Roast pork loin with red cabbage chutney, mustard seeds and crackling

VEGAN OPEN SANDWICHES

Salad of baked carrots with estragon crème and cress

-

Baked celeriac with red cabbage chutney, mustard seeds and crispy root vegetables

WITH THE WARM DISH, SANDWICH AND OPEN FACED SANDWICH

Thinly sliced white cabbage with mint dressing and crisp peas

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