

WEEK 38

MONDAY 14th

TODAYS WARM DISH

Tikka Masala with tender veal and a lot of greens
Served with aromatic basmati rice (7)

TODAYS VEGETARIAN DISH

Vegan Tikka Masala with eggplant and chickpeas
Served with aromatic basmati rice (7)

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish,
but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks
like today's warm dish with meat/poultry but it's
made **with** gluten and lactose-free alternatives

WITH

Cucumber, cabbage and mint/lemon vinaigrette

TODAYS SALAD

Chicken fried with coriander seeds and paprika
Quinoa with green pepper and red onion
Corn with coriander
Avocado cream (7)

TODAYS VEGETARIAN SALAD

Marinated chickpeas
Quinoa with green peppers and red onion
Corn with coriander
Avocado cream (7)

THIS WEEKS SIDE-SNACK/SPREAD

Beetroot hummus

TODAYS SANDWICH

Fennel salami with sweet and sour onion chutney

TODAYS VEGETARIAN

Organic eggs with tomato mayonnaise and pickled
onions

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's
vegetarian dish, but it's cooked **without** animal-
based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose
looks like today's sandwich with meat/poultry but
it's made **with** gluten and lactose-free alternatives
and **is** served with a gluten-free bun

WITH

Cucumber, cabbage and mint/lemon vinaigrette

WEEKLY OPEN SANDWICHES

Mackerel in tomato with mayonnaise and onions
-
Smoked ham with mustard pickles, cream cheese
and a lot of herbs (7)

VEGAN OPEN SANDWICHES

Beetroot salad with apple and horseradish
-
Cauliflower with truffle and crispy rye

WITH

Cucumber, cabbage and mint/lemon vinaigrette

Subject to change.

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other than the 4 icons. For more information about further allergens,
please contact Meyers Lunch Kitchen on 71 99 88 33



WEEK 38

TUESDAY 15th

TODAYS WARM DISH

Fried beef tartare of Danish beef on butter fried Meyers "ølands" bread with classic accompaniments (1, 7)

TODAYS VEGETARIAN DISH

Vegan "beef tartare" on butter fried Meyers "ølands" bread with classic accompaniments (1, 7)

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

WITH

Potatoes and cabbage in mustard dressing

TODAYS SALAD

Tuna mixed with mayonnaise, capers and herbs
Potatoes in lemon dressing
Green beans
Baked tomato

TODAYS VEGETARIAN SALAD

Eggs with mayonnaise, capers and herbs
Potatoes in lemon dressing
Green beans
Baked tomato

THIS WEEKS SIDE-SNACK / SPREAD

Beetroot hummus

TODAYS SANDWICH

Roastbeef with pickles, mayonnaise and horseradish

TODAYS VEGETARIAN

Mozzarella with cream of eggplant and crispy cabbage in lemon dressing (7)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WITH

Potatoes and cabbage in mustard dressing

WEEKLY OPEN SANDWICHES

Mackerel in tomato with mayonnaise and onions
-
Smoked ham with mustard pickles, cream cheese and a lot of herbs (7)

VEGAN OPEN SANDWICHES

Beetroot salad with apple and horseradish
-
Cauliflower with truffle and crispy rye

WITH

Potatoes and cabbage in mustard dressing

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WEEK 38

WEDNESDAY 16th

TODAYS WARM DISH

Coq au Riesling; Free range chicken in light white wine sauce with crushed potatoes (7)

TODAYS VEGETARIAN DISH

Vegan Coq au Riesling; Mushrooms and vegetables in light white wine sauce with crushed potatoes (7)

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

WITH

Baked and raw fennel with pear vinaigrette

TODAYS SALAD

Smoked ham fold in mustard and tarragon
Rye kernels
Shredded celery
Horseradish dressing (1,7)

TODAYS VEGETARIAN SALAD

Emmental cheese fold in mustard and tarragon
Rye kernels
Shredded celery
Horseradish dressing (1,7)

THIS WEEKS SIDE-SNACK/SPREAD

Beetroot hummus

TODAYS SHOT

Ginger/apple/lemon

TODAYS SANDWICH

Salad of smoked mackerel with skyr, herbs and crispy radish

TODAYS VEGETARIAN

Baked vegetables and split pea hummus (8)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WITH

Baked and raw fennel with pear vinaigrette

WEEKLY OPEN SANDWICHES

Mackerel in tomato with mayonnaise and onions
-
Smoked ham with mustard pickles, cream cheese and a lot of herbs (7)

VEGAN OPEN SANDWICHES

Beetroot salad with apple and horseradish
-
Cauliflower with truffle and crispy rye

WITH

Baked and raw fennel with pear vinaigrette

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WEEK 38

THURSDAY 17th

TODAYS WARM DISH

Warm pie with warm smoked salmon, spinach and dill (1,7)

TODAYS VEGETARIAN DISH

Warm pie with tomato, zucchini and feta (1,7)

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

WITH

Little gem with sweetheart cabbage, chives and lemon

TODAYS SALAD

Beef
Bulgur with tomato, cucumber and parsley
Crispy salads
Yogurt with sumac (1,7)

TODAYS VEGETARIAN SALAD

Mixed beans and fried mushrooms
Bulgur with tomato, cucumber and parsley
Crispy salads
Yogurt with sumac (1,7)

THIS WEEKS SIDE-SNACK / SPREAD

Beetroot hummus

TODAYS CAKE

Cherry mousse with baked crumble (7,8)

TODAYS SANDWICH

Smoked turkey with mustard dressing and different kinds of crispy cabbage in apple cider (7)

TODAYS VEGETARIAN

Pumpkin hummus, pickled pumpkin and feta (7)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WITH

Little gem with sweetheart cabbage, chives and lemon

WEEKLY OPEN SANDWICHES

Mackerel in tomato with mayonnaise and onions
-
Smoked ham with mustard pickles, cream cheese and a lot of herbs (7)

VEGAN OPEN SANDWICHES

Beetroot salad with apple and horseradish
-
Cauliflower with truffle and crispy rye

WITH

Little gem with sweetheart cabbage, chives and lemon

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WEEK 38

FRIDAY 18th

TODAYS WARM DISH

Chili con carne of Danish beef with corn chips and jalapenos
Served with fresh skyr dressing (7)

TODAYS VEGETARIAN DISH

Chili sin carne with different kinds of beans, corn chips and jalapenos
Served with fresh skyr dressing (7)

TODAYS VEGAN DISH

Today's vegan dish looks like today's vegetarian dish, but it's made **without** animal-based products

TODAYS WARM DISH WITHOUT GLUTEN, LACTOSE AND NUTS

Todays warm dish without gluten and lactose looks like today's warm dish with meat/poultry but it's made **with** gluten and lactose-free alternatives

WITH

Quinoa with green peppers, tomato and avocado

TODAYS SALAD

Turkey in teriyaki
Salad of wild rice with bean sprouts and edamame beans
Shredded carrots and cabbage
Sesame dressing (1)

TODAYS VEGETARIAN SALAD

Tofu in teriyaki
Salad of wild rice with bean sprouts and edamame beans
Shredded carrots and cabbage
Sesame dressing (1)

THIS WEEKS SIDE-SNACK/SPREAD

Beetroot hummus

TODAYS SANDWICH

Vitello with capers dressing and baked bell pepper (7)

TODAYS VEGETARIAN

Brie with figs in balsamico, crispy kernels and frissé (7)

TODAYS VEGAN SANDWICH

Today's vegan sandwich looks like today's vegetarian dish, but it's cooked **without** animal-based products

TODAYS VEGAN SANDWICH WITHOUT GLUTEN, LACTOSE AND NUTS

Today's vegan sandwich without gluten and lactose looks like today's sandwich with meat/poultry but it's made **with** gluten and lactose-free alternatives and **is** served with a gluten-free bun

WITH

Quinoa with green peppers, tomato and avocado

WEEKLY OPEN SANDWICHES

Mackerel in tomato with mayonnaise and onions
-
Smoked ham with mustard pickles, cream cheese and a lot of herbs (7)

VEGAN OPEN SANDWICHES

Beetroot salad with apple and horseradish
-
Cauliflower with truffle and crispy rye

WITH

Quinoa with green peppers, tomato and avocado

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