

## GRAB & GO WEEK 23

### MONDAY

No lunch from Meyers - Happy Pentecost to all!

### TUESDAY

#### **Dish of the day:**

Danish pork i tomato/pepper sauce (1, 7) with spicy chorizo, onions, mushrooms. Fried peppers and Pearl barley (1), pickled tomatoes and fresh herbs.

#### **Vegan dish of the day:**

Sweet potatoes and chick peas i tomato/pepper sauce with onions and mushrooms. Pearl barley (1), pickled tomatoes and fresh herbs.

*Today's fruit and sourdough roll (1)*

### WEDNESDAY

#### **Salad of the day:**

Salad with tuna, eggs, capers and fresh herbs. New potatoes with a tomato vinaigrette, olives, haricot verts and crisp lettuce.

#### **Vegan salad of the day:**

Fried tofu with capers and fresh herbs, potatoes with a tomato vinaigrette, olives, haricot verts and crisp lettuce

*Weekly shot and sourdough roll (1)*

### THURSDAY

#### **Dish of the day:**

Chicken breast roasted with lemon and elderflower, green peas stirred with olive oil and garlic. Chick pea salad with roasted zucchini, carrots and lovage dressing.

#### **Vegan dish of the day:**

Vegan Patty with mushrooms and herbs. Green peas stirred with olive oil and garlic. Chick pea salad with with roasted zucchini, carrots and lovage dressing.

*Coconut macaroon with dark chocolate (7) and sourdough roll (1)*

### FRIDAY

#### **Dish of the day:**

Built-a-Pita (1) with braised organic beef. With tomato/chili salsa, avocado cream and lemon.

#### **Vegan Dish of the day:**

Built-a-Pita (1) with rich sauté of spicy vegetables. With tomato/chili salsa, avocado cream and lemon.

Meyers skilter udelukkende med allergener vist på de 4 ikoner: Vær opmærksom på det nummer, det enkelte allergenikon er tildelt, og se efter det i menu teksten. Maden kan indeholde andre allergener end de 4 ikoner.

Ønsker du info omkring yderligere allergener, kan du kontakte **Meyers Frokostkøkken på 71 99 88 33**

